



RETURN  HOCKEY

COVID-19 RESPONSE

MEMBER
LOGO
HERE

RETURN TO HOCKEY

MEMBER PLAN

December 3, 2020

Introduction

BC Hockey Members are focused on reviewing and applying the guidelines within the primary resources outlined in this section to create their Association 'Return to Hockey' plans. BC Hockey has created this document to serve as tool to assist Members in the formation of these plans with the understanding that aspects of each plan may be unique from Member to Member. There is also an understanding that these plans are fluid and must be adaptable to updates provided by the health authority, sport sector or national sport organization (Hockey Canada).

Primary Resources

Review and Follow:

- Provincial Guidelines [CLICK HERE](#)
- viaSport (Sport Sector) return to activity guidelines [CLICK HERE](#)
- Hockey Canada guidelines [CLICK HERE](#)
- BC Hockey Return to Hockey Phases [CLICK HERE](#)

BC Government	viaSport (Sport Sector)	Hockey Canada
General hygiene protocols	Shared equipment protocols	Regulations & registration
Group sizes	Transition from training to games	Certification & training
Physical distancing measures	Transition from non-contact to contact activity	Season structure
Travel restrictions		Program delivery model
Phase transition timelines	Facility & spectator protocols	Events & communications

☐ This step complete

Communications Officer

Responsibilities can include:

- Monitoring all updates from the public health authority, via Sport & Hockey Canada
- Communication with local facilities (public & private) on guidelines and updates
- Ensuring teams are following the prevention guidelines set by Hockey Canada
- Ensuring COVID-19 cases are reported: Health authority, BC Hockey, MHA, league & facility

☐ We have appointed a Communications Officer:

☐ This step complete

Facilities

The **Communications Officer** should lead correspondences with all applicable facilities. The Communications Officer should collaborate with neighboring MHAs and the District MHA when facilities are used by multiple Members. A 'Return to Hockey' plan should include details for all facilities that your MHA plans to use. Therefore, the following section may need to be completed for each individual facility. Also, facility guidelines may need to be evaluated during each phase and updated:

Facility Name:

- What facility guidelines and requirements are in place specific to physical distancing?

- Are there restrictions specific to the number of people allowed in public areas?

- Are masks required when entering the facility? ☐ Yes ☐ No

- Are the following areas accessible within the facility or facilities used?
 - ☐ Yes ☐ No Main Lobby
 - ☐ Yes ☐ No Team, Officials' or alternate (accessibility) dressing room(s) & showers
 - ☐ Yes ☐ No Observations or Spectator areas
 - ☐ Yes ☐ No Washrooms
 - ☐ Yes ☐ No Area designated for isolation
 - ☐ Yes ☐ No Ice surface or surfaces (ex. Rink 1)
 - ☐ Yes ☐ No Other
- Outline the protocols that will be in place for each area and if an area is not available alternative options that will be in place that need to be conveyed to the participants?
 - ☐ Main Lobby (e.g. Foot traffic flow, physical distance signage, sanitation stations etc)

☐ Dressing room(s) (e.g. physical distance markers, post-activity only etc)

☐ Observations or Spectator areas (Limits, physical distance markers etc.)

☐ Shower and Washroom facilities

☐ Isolation area & Other areas (if applicable)

Ice Surface(s)

How many participants are allowed on the ice? *NOTE: This will vary depending on activity level, age group, specific requirements within a facility in order to adhere to the mitigation guidelines identified by the Health Authority. It is important to outline all potential limits.*

☐ This step complete

Participant Meeting & Administration Checklist

Topics to include in orientation of participants and parents / guardians should include but are not limited to the below:

Review of Facility and Member protocols for physical distancing guidelines:

- ☐ Protocols within the facility prior to activity (e.g. physical distancing markers)
- ☐ Protocols during on-ice activity and off-ice activity (e.g. Phase 2 = 2m spacing)
- ☐ Protocols within facility post-activity

Review guidelines regarding the number of people / facility patrons that are permitted:

- ☐ Within the facility at any given time
- ☐ On the ice at any given time
- ☐ In any off-ice training spaces at any given time

Participant arrival / departure procedure:

- ☐ Established time spacing between ice bookings to minimize group cross-over
- ☐ Established arrival expectations (e.g. Participants arriving dressed for activity)
- ☐ Activity check-in / attendance to assist with possible need for contact tracing
- ☐ Protocols for participants requiring assistance (e.g. para-hockey, younger ages)
- ☐ Established designated drop-off & pick-up areas and procedures

During Activity:

- ☐ Participants should have individually labeled water bottles (cleaned after use & filled at home)
- ☐ Personal equipment not being used must be stored in an isolated area (e.g. car)
- ☐ No sharing of personal equipment & strict hygiene protocols communicated
- ☐ Coaches, HCSP and Officials prepared to assist in all protocols

Preparing for Programming / Activity (Registration and Administration):

- ☐ Pre-registration for all activities or programs (e.g. no on-site payments)
- ☐ Payment policy is flexible to make activities or programming accessible
- ☐ Refund policies in place, communicated and flexible (ex. Dependant upon illness)
- ☐ Ensure that all participants that are unwell or displaying symptoms **must** stay home

- ☐ This step complete

Hygiene & Illness Protocols

Information regarding hygiene and illness protocols may be subject to change. This section is meant to not only provide resources for such protocols but ensure Members are prepared to make necessary updates as more information or best practices are established.

- ☐ Reviewed Federal Government hand hygiene guidelines [CLICK HERE](#)
- ☐ Process for participants to disclose symptoms or confirmed case of COVID-19
- ☐ HCSP responsible for initiating illness protocol during activity
- ☐ Ill participants must provide a Doctor's note prior returning to hockey activity



Meadow Ridge Female Minor Hockey Association

23588 Jim Robson Way, Maple Ridge BC V2W 1B8

MRFMHA Health Assessment Procedures (updated October 30, 2020)

All individuals (players, team officials, scorekeeper, timekeeper, dressing room volunteers) attending an Association event are required to complete the BC COVID-19 Self-Assessment screening tool prior to participating in MRFMHA events (e.g. evaluations, practices, development, games etc).

<https://bc.thrive.health/covid19/en>

The current questions in the TeamSnap HealthCheck are not based on BCCDC guidance and are overly restrictive at the current time. As such, MRFMHA will only be using the HealthCheck feature to monitor the completion of BC COVID-19 Health Assessments for players and team officials. If someone fails the BC COVID-19 Health Assessment, they should select the most appropriate option in the HealthCheck, follow BCCDC guidance (e.g. call 811, schedule a COVID-19 test etc) and provide detailed information to the team's HCSP, COVID Screener(s) and Manager. The team's HCSP will document all failed BC COVID-19 Health Assessments including guidance received. Any questions or concerns should be escalated to the MRFMHA Risk Manager: risk@barracudashockey.ca

Each MRFMHA team will designate COVID Screeners. COVID Screeners are responsible for:

1. Ensuring complete and accurate attendance information is tracked in TeamSnap - "maybe" and "blank" are not valid responses
2. Ensuring all players and team officials complete their HealthCheck for each MRFMHA event, even for events in which they do not attend.
3. Confirming with volunteers (dressing room volunteers, timekeeper, scorekeeper) that they have completed the BC COVID-19 Self-Assessment.

The HCSP or Manager will be responsible for the above responsibilities if a COVID Screener is not able to attend a MRFMHA event. COVID Screeners (up to 2 per team) are exempt from the requirement for Association volunteer hours.



Meadow Ridge Female Minor Hockey Association

23588 Jim Robson Way, Maple Ridge BC V2W 1B8

MRFMHA Illness Policy (Updated November 30, 2020):

In this policy, “**Team Member**” includes an employee/staff, coach, volunteer, athlete, or parent.

1. Inform:

- The Team Member should **immediately** inform the HCSP and the Manager if the Team Member:
 - Fails the [BC COVID-19 Self-Assessment Tool](#)
- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) if:
 - The Team Member or a member of the same household:
 - Tests positive for COVID-19;
 - Has been tested and is waiting for the results of a COVID-19 test; or
 - Has come in close contact with someone who is confirmed to have COVID-19
 - The Team Member is a member of a household where a household member has been advised to self-isolate by the public health authorities.
- While Team Members are required to inform MRFMHA as outlined above, all details will be kept confidential. Any disclosure will be based on the approval of the Team Member or as required by the public health authorities.

2. Assessment:

- All individuals attending an Association event must follow the [BC COVID-19 Self-Assessment](#) (“Self-Assessment”) screening tool prior to arriving at the facility.
- It is the responsibility of all parents to assess their children and other members of their household to determine if participation in Association events meets the Self-Assessment criteria
- Team Members failing the Self-Assessment should call Health Link BC at 8-1-1 for further guidance and **immediately** notify the HCSP and Manager. The HCSP will document all failed Self-Assessments including the guidance received from the public health authorities.
- Team Officials will ensure all participants have completed the Self-Assessments prior to entering the facility and also visually monitor athletes during the session to assess any early warning signs of COVID-19 symptoms.

3. If a Team Member or a member of the same household is feeling sick with COVID-19 symptoms:

- They should remain at home and contact Health Link BC at 8-1-1 and **immediately** notify the HCSP and Manager. The HCSP will document the guidance received from the public health authorities.
- If they feel sick and/or are showing symptoms while at the facility, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- No Team Member may participate in a practice/activity if they are symptomatic unless cleared by public health authorities.

4. If a Team Member or a member of the same household has been tested and is waiting for the results of a COVID-19 test

- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#)
- All Team Members of the same household will be removed from the facility/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by public health authorities.
- Other Team Members who have had close contact with the Team Member(s) as determined by public health authorities will be informed and removed from the facility/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by public health authorities.
- The Team Member(s) will not be permitted to return to the facility or any activity until they have been medically cleared by a doctor or public health authorities.



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5. If a Team Member or a member of the same household tests positive for COVID-19:

- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#)
- The Team Member and all members of the same household will be removed from the facility/activity for at least 14 days or as otherwise directed by public health authorities.
- Any Team Members who are part of the same session with the infected Team Member(s) may also be removed from the facility/activity for at least 14 days to ensure the infection does not spread further.
- The Team Member(s) will not be permitted to return to the facility or any activity until they are medically cleared by a doctor or the public health authorities.

6. If a Team Member has come in close contact with someone who is confirmed to have COVID-19:

- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) if they reasonably believe they have been exposed to COVID-19.
- Once the contact is confirmed, the Team Member will be removed from the facility/activity for at least 14 days or as otherwise directed by public health authorities.
- Team Members who may have come into close contact with the Team Member as determined by the public health authorities will also be removed from the facility/activity for at least 14 days.

7. Quarantine or Self-Isolate if:

- Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- Any Team Member who is a member of a household where a household member has been advised to self-isolate by the public health authorities should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) and is not permitted to enter any part of the facility until approved by public health authorities.
- Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in households who are self-isolating should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) and is not permitted to enter any part of the facility until approved by public health authorities.

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

Most common symptoms:

- Fever
- Dry cough
- Shortness of breath

Less common symptoms:

- Runny nose
- Aches and pains
- Sore throat
- Diarrhea
- Conjunctivitis
- Headache
- Loss of taste and/or smell
- Skin rash, or discolouration of fingers and toes

Serious symptoms:

- Difficulty breathing
- Chest pain or pressure
- Loss of speech or movement

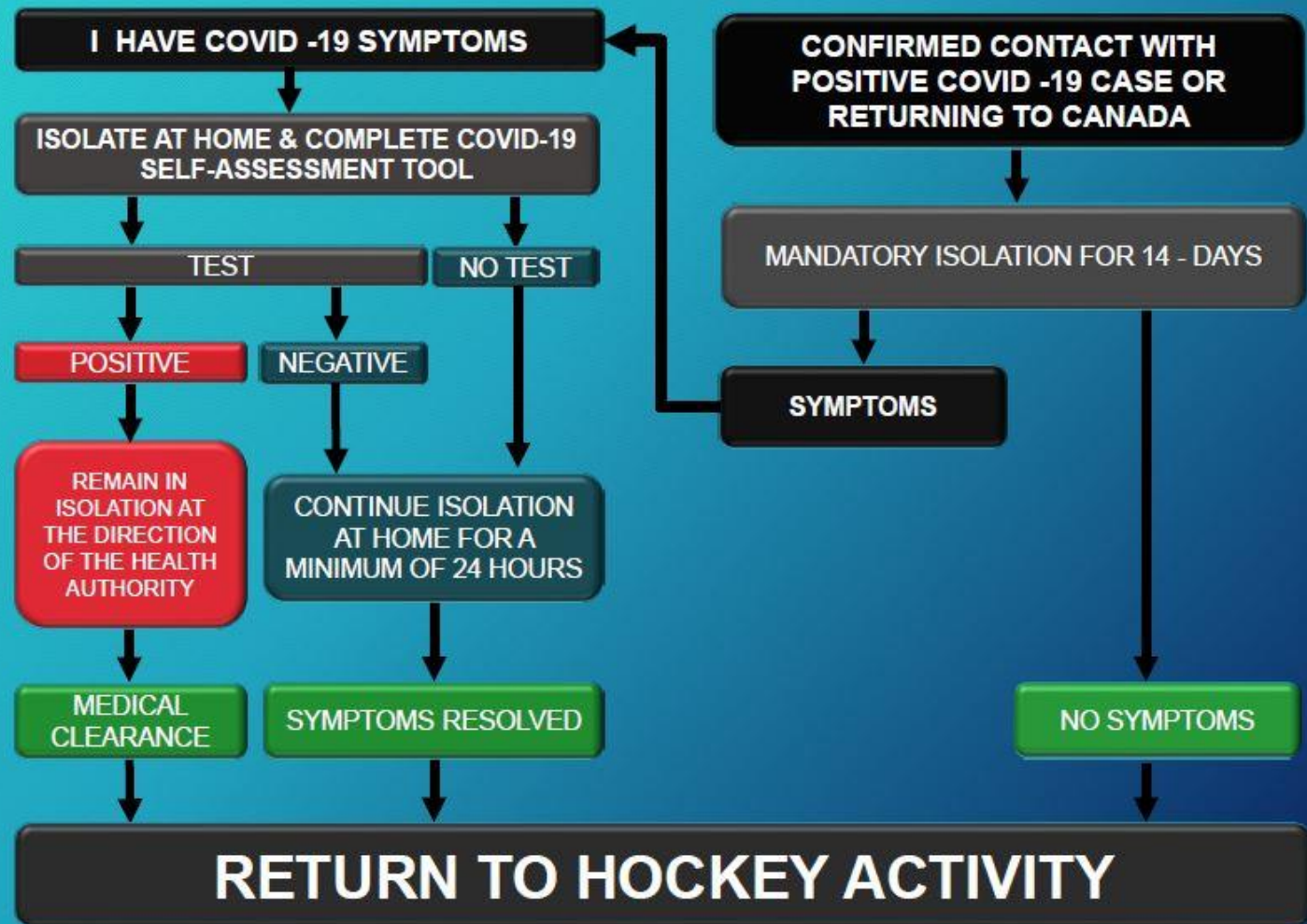
Seek immediate medical attention if you have serious symptoms. Always call before visiting your physician or health facility.

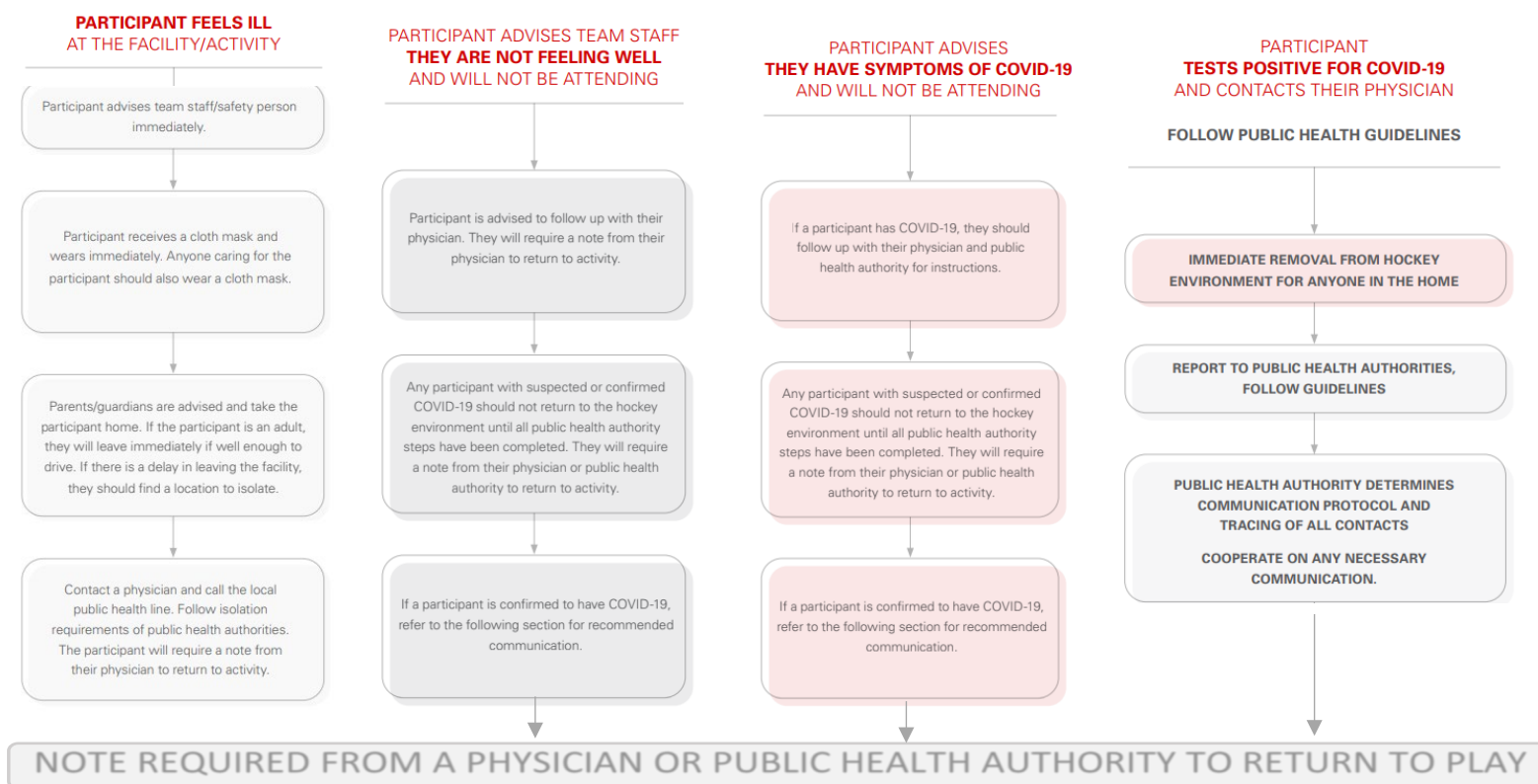
On average, it takes 5-6 days from infection for symptoms to show, but it can take up to 14 days.

COVID-19 Self-Assessment Tool
<https://bc.thrive.health/>



COVID-19 Symptoms	
✓	Fever
✓	Chills
✓	Cough (chronic cough)
✓	Shortness of Breath
✓	Loss of smell or taste
✓	Diarrhea
✓	Nausea / Vomiting





(Source: Hockey Canada Safety Guidelines - Sections 7-8)

Emergency Action Plan – Emergency Safety Kit

It is important to include COVID – 19 protocols within every program or team Emergency Action Plan (EAP). It is valuable to provide coaches, managers and HCSP volunteers with resources to assist in the construction of each team's EAP. Your MHA 'Return to Hockey' plan should also include COVID – 19 specific resources within all team emergency safety kits to ensure that HCSP and team officials are prepared to deal with a health crisis. Hockey Canada's EAP resource [CLICK HERE](#)

Enter Emergency Action Plans

Member 'Return to Hockey' Plan (Template)

Below is viaSport's Return to Sport Activity Chart. 'Return to Hockey' plans should comply with these guidelines. Member plans should outline how it aligns with the activity chart for each phase. Particular attention should be paid to Phases 2 & 3 before any hockey programming begins. These plans may require updates as new resources are made available. Therefore, plans should be regularly reviewed and updated to reflect any changes.



Return to Sport Activity Chart

Phase 1

Phase 2

Phase 3

Phase 4

	Strictest Controls Prior to May 19, 2020	Transition Measures Approx. May 19th to Sept	Progressively Loosen Future date TBC	New Normal Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel 	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel No group gatherings over 50 people 	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> Increased hand hygiene Symptom Screening in place 	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> Outdoor or within home Facilities and playgrounds closed 	<ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening 	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> Small Groups No or limited spectators 	<ul style="list-style-type: none"> Groups sizes may increase Limited spectators 	<ul style="list-style-type: none"> Large groups allowed No restrictions on spectators
Non-contact Activities	<ul style="list-style-type: none"> Low risk outdoor activities can occur (biking, running, etc). Virtual activities 	<ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills 	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> Should not occur Contact sports should look for non-contact alternatives to training 	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> Minimal shared equipment Disinfect any shared equipment before, during and after use 	<ul style="list-style-type: none"> Some shared equipment Enhanced cleaning protocols in place 	Shared equipment

Enter Plan Comments

Return to Hockey Plan - Phase 2

Category	Transition Measures	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<input type="checkbox"/> Maintain physical distance (2 metres) <input type="checkbox"/> No non-essential travel <input type="checkbox"/> No groups over 50 people		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene <input type="checkbox"/> Symptom screening in place		
Facility	<input type="checkbox"/> Outdoor activities recommended <input type="checkbox"/> Indoor facilities slowly re-opening		
Participants	<input type="checkbox"/> Small groups <input type="checkbox"/> No or limited spectators		
Activities (Contact to non-contact)	<input type="checkbox"/> No contact should occur <input type="checkbox"/> Non-contact alternative training <input type="checkbox"/> Fundamental movement & training		
Competition	<input type="checkbox"/> In member activity <input type="checkbox"/> Modified non-contact game play		
Equipment and Surfaces (facility)	<input type="checkbox"/> Minimal shared equipment <input type="checkbox"/> Disinfect shared equipment and surfaces before, during and after activity		

Enter Phase 2 Plans

☐ This step complete

Return to Hockey Plan - Phase 3

Category	Progressively Loosen	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	Refer to Public Health Authority <input type="checkbox"/> Physical distancing <input type="checkbox"/> Travel Guidelines <input type="checkbox"/> Group size / gathering guidelines		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene <input type="checkbox"/> Symptom screening <input type="checkbox"/> Expansion of Training Activities		
Facility	<input type="checkbox"/> Outdoor activities <input type="checkbox"/> Indoor activities		
Participants	<input type="checkbox"/> Increased group sizes <input type="checkbox"/> Spectator limitations		
Activities (Contact to non-contact)	<input type="checkbox"/> Pair or small group contact skills		
Competition	<input type="checkbox"/> Inter-member game play <input type="checkbox"/> Regional / District game play considered		
Equipment and Surfaces (facility)	<input type="checkbox"/> Some shared equipment <input type="checkbox"/> Disinfect shared equipment and surfaces before, during and after activity		

Enter Phase 3 Plans

☐ This step complete

PHASE 3 RETURN TO SPORT: PROGRESSIVELY LOOSEN

British Columbia is in Phase 3 of the Restart Plan and sport has moved to the “Progressively Loosen” Phase. In this phase there can be a careful increase to the number of contacts and contact intensity in sport.

IMPORTANT NOTE: ALL RESTRICTIONS FROM PHASE 2 ARE STILL IN PLACE. PHASE 3 ALLOWS A REDUCTION OF ON ICE PHYSICAL DISTANCING STANDARDS AND THE CREATION OF SPORTS COHORTS.

Sport Cohorts

Purpose: Establishing cohorts will limit the number of people that each individual will come into contact with, reducing the risk of transmission and ensuring quicker contact tracing by health authorities if an outbreak occurs.

A cohort is a group of participants who primarily interact with each other within the sport environment over an extended period of time (e.g., series of events).

In this phase:

- All guidance related to personal hygiene, cleaning protocols and symptom-screening still apply.
- Cohorts should be used for activities in which it is not possible to maintain two metres physical distancing at all times. When in a cohort, while individuals do not need to maintain physical distancing during sport specific activities, minimized physical contact is still advised.
- At least two metres distancing should be maintained between all participants when outside of the field of play (e.g., dressing rooms, hallways, team benches, staging areas, etc.). If physical distancing cannot be maintained masks should be worn.
- Cohorts should be made up of individuals/teams of similar age or skill level.
- Each cohort can be made up of multiple teams in order to form a mini-league. With the use of cohorts, game play can resume between teams within the cohort.
- Cohorts should not exceed the number of 4 teams or groups, of not more than 50 people.
- Cohort sizes are different from maximum group sizes. When members of the cohort are gathering for games or activities, gatherings may not exceed 50 people (as per PHO Order).
- Coaches may be counted outside the total cohort number if they are able to ***maintain physical distancing at all times.***
- Keep players together in designated cohorts and make sure that cohorts avoid mixing with each other as much as possible.
- Cohorts should remain together for an extended period of time. If looking to change cohorts, implement a two-week break between activities.
- Individuals should limit the number of sport cohorts to which they belong in order to reduce the number of people they are interacting with, individuals may only participate in 1 cohort per sport.
- Parents and spectators are not included in the cohort limits. They should continue to maintain physical distancing at all times and are subject to maximum capacity of the facility where play is occurring.

Return to Hockey Plan - Phase 4

Category	New Normal	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	Refer to Public Health Authority <input type="checkbox"/> Physical distancing <input type="checkbox"/> Travel Guidelines <input type="checkbox"/> Group size / gathering guidelines		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene		
Facility	<input type="checkbox"/> Outdoor activities <input type="checkbox"/> Indoor activities		
Participants	<input type="checkbox"/> Large groups allowed <input type="checkbox"/> No restrictions for spectators		
Activities (Contact to non-contact)	<input type="checkbox"/> No restrictions		
Competition	<input type="checkbox"/> Provincial competitions <input type="checkbox"/> Large scale events		
Equipment and Surfaces (facility)	<input type="checkbox"/> Shared equipment		

Enter Phase 4 Plans

☐ This step complete

Reporting and Compliance

Prior to Season – Reporting and Compliance

- ☐ Communications Officer was established
- ☐ 'Return to Hockey' plan created and shared to all relevant parties
- ☐ Protocols have been established with all relevant facilities
- ☐ Orientation with parents / guardians, volunteers, officials and facilities has occurred
- ☐ Policies are in place regarding registration, refunds and other administrative processes

Phase 2: Transition Measures – Reporting and Compliance

Programming was or is being delivered within guidelines for the following restrictions:

- ☐ Physical Distancing (2 metres)
- ☐ Gathering and group sizes (No greater than 50)
- ☐ Travel (no non-essential travel / single member programming)

Programming was or is being delivered within guidelines for the following enhanced protocols:

- ☐ Increased hygiene measures
- ☐ Symptom screening

Programming has been delivered within guidelines regarding participants:

- ☐ Small group activities
- ☐ No spectators or limited spectators (within all previous guidelines)

Programming has been delivered under the following activity and competition protocols:

- ☐ Fundamental movement skills
- ☐ Modified training activities and drills
- ☐ No contact between participants during any activities
- ☐ Modified play introduced, if applicable (adhering to all other Phase 2 guidelines)
- ☐ Minimal shared equipment and procedure for disinfecting before, during and after activity

Enter notes on successes during Phase 2

Enter notes on challenges during Phase 2

Phase 3: Progressively Loosen – Reporting and Compliance

Programming was or is being delivered within guidelines for the following restrictions:

- ☐ Physical Distancing (TBD)
- ☐ Gathering and group sizes (TBD)
- ☐ Travel (TBD)

Programming was or is being delivered within guidelines for the following enhanced protocols:

- ☐ Increased hygiene measures
- ☐ Symptom screening, if applicable

Programming has been delivered within guidelines regarding participants:

- ☐ Group sizes
- ☐ Spectator limitations

Programming has been delivered under the following activity and competition protocols:

- ☐ Expanding training activities
- ☐ Pair or small group contact skills
- ☐ Inter-member game play (adhering to all other Phase 3 guidelines)
- ☐ Inter-region / district game play (adhering to all other Phase 3 guidelines)

Enter notes on successes during Phase 3

Enter notes on challenges during Phase 3

Phase 4: New Normal – Reporting and Compliance

Enter Comments regarding implementation of Phase 4

MRFMHA Return to Hockey Plan - viaSport Phase 2

Last updated: December 3, 2020

viaSport Category	viaSport Stage 2: TRANSITION MEASURES	MRFMHA: Policies and Procedures
Restrictions in Place	<ul style="list-style-type: none">• Maintain Physical Distance (2-3 m)• No non-essential travel• No groups of over 50 people	<ul style="list-style-type: none">• Maintain Physical Distance (3m on the field of play; 2m off the field of play)• Masks are mandatory for everyone entering the arenas as of October 12, 2020• Players must wear masks outside the field of play (e.g. hallways, dressing rooms etc)• Team officials (e.g. coaches, managers, HCSP, team moms) must wear masks in the dressing rooms, on the players' bench and in the stands during games• Facilities to provide entrance and exit strategies to reduce contact between groups.• Association or the Facility Operator provide a greeter for groups arriving for each ice time to enhance safety protocol and direction for athletes and families. Entry to the facility will be 15 minutes prior to the ice time.• Participants must arrive and be ready to enter the facility at least 20 minutes prior to ice time and exit within 10 minutes of ice time ending• Participants are encouraged to arrive at the facility wearing full equipment, less skates and helmet• Allow 25-30 minutes between ice times to reduce potential cross over and exceeding limitations on gathering size.• Limits on the number of individuals in dressing rooms to be determined by each facility based on the size of each dressing room• Limits on the number of participants on the player's bench to be determined by each facility based on the size of each player's bench• Absolutely no showering

MRFMHA Return to Hockey Plan - viaSport Phase 2

Last updated: December 3, 2020

viaSport Category	viaSport Stage 2: TRANSITION MEASURES	MRFMHA: Policies and Procedures
Enhanced Protocols	<ul style="list-style-type: none"> Increased hand hygiene Symptom screening in place 	<ul style="list-style-type: none"> All individuals attending an Association event must follow the Self-Assessment screening tool prior to arriving at the facility. https://bc.thrive.health/covid19/en It is the responsibility of all parents to assess their children and other members of their household to determine if participation in Association events meets the self-assessment criteria Participants failing the "BC COVID-19 Self-Assessment Tool" should call 811 for further guidance and notify the HCSP and Manager of the guidance received "Attendance" and "Health Check" to be tracked in TeamSnap for all participants for all events (e.g. evaluations, practices, development, games etc) HCSP to document all failed "Health Assessments" including guidance received - any concerns are to be escalated to the MRFMHA Risk Manager Participants are required to follow proper hand hygiene protocols prior to and during activity Participants refrain from spitting on ice or benches Should first aid be required during an activity, all persons attending to the injured individual must first put on a PPE face shield, face mask and gloves. A first aid kit, along with a PPE face shield, disposable face masks and gloves, should be kept near the ice during all on ice activity. Participants not feeling well should advise team staff immediately, put on a mask and leave the facility as soon as possible. The HCSP will notify the Association Risk Manager. Participants testing positive for COVID 19 to follow Public Health guidelines - Note required from a physician or Public Health Authority to return to play
Facility	<ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening 	<ul style="list-style-type: none"> Any player warm up activity to take place outdoors and maintain appropriate spacing
Participants	<ul style="list-style-type: none"> Small groups No or limited spectators 	<ul style="list-style-type: none"> Absolute maximum of 50 individuals per ice sheet (excludes arena staff in the facility) Teams Officials to ensure accurate tracking of participant attendance for each session via TeamSnap/Approved User Form Please refer to MRFMHA Arena Capacity Summary
Non-contact activities	<ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills 	<ul style="list-style-type: none"> Practice plans focus on skill development Avoid line-ups and use of player's benches Station based approach recommended

MRFMHA Return to Hockey Plan - viaSport Phase 2

Last updated: December 3, 2020

viaSport Category	viaSport Stage 2: TRANSITION MEASURES	MRFMHA: Policies and Procedures
Contact Activities	<ul style="list-style-type: none"> • Should not occur • Contact sports should look for non-contact alternatives to training 	<ul style="list-style-type: none"> • No contact drills • All drills must ensure appropriate physical distancing
Competition	<ul style="list-style-type: none"> • In club play or modified games may slowly be introduced 	<ul style="list-style-type: none"> • Modified game-like play slowly introduced at the team level • Intra-Association game play to be slowly introduced • No games outside of the Association
Equipment	<ul style="list-style-type: none"> • Minimal shared equipment • Disinfect any shared equipment before, during and after use 	<ul style="list-style-type: none"> • All participants must have their own marked water bottle, which is washed after each session. Sharing of water bottles is not permitted. • Water bottles must be filled prior to arriving at the rink as filling stations are not open • Protective equipment should not be shared among participants • Goalie equipment permitted to be shared amongst participants if there is at least 36 hours between usage and the goalie equipment has been sanitized prior to use • Any jerseys required should be washed before distributing • Towels should only be used on the bench under the guidance of the HCSP and for emergency use only
Travel	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • None
Adherence to Facility Policies and Procedures	<ul style="list-style-type: none"> • Review of MRFMHA policies and procedures 	<ul style="list-style-type: none"> • MRFMHA will review and update it's policies and procedures to ensure they are in accordance with the facility's policies and procedures provided that such policies and procedures are received in writing from the facility and reasonable notice is provided of such changes • MRFMHA will notify members of the Association of any material changes to it's policies and procedures
	<ul style="list-style-type: none"> • Pitt Meadows Arena Complex (PMAC) 	Please refer to Appendix B
	<ul style="list-style-type: none"> • Planet Ice - Coquitlam 	Please refer to Appendix C

PHO UPDATE: What Does This Mean for Hockey?

Update from viaSport: During the return to sport process, via Sport's role is to focus on the safe return of participants to sport activities in BC. This continues to be our number-one priority. The current [Public Health Order: Gathering and Events](#) allows for spectators in facilities. Although the Order allows for up to 50 patrons (spectators) at events, spectators may still be limited because of the challenges in accommodating them in facilities. viaSport supports each municipality's decision on spectator access as they navigate these challenges. For updates on facility access for spectators, please contact your municipality, [BC Recreation and Parks Association](#) or [Recreation Facilities Association of BC](#). For sport organizations, it is important to ensure facility plans can support aspects of your sport-specific plans.

Activity Participants

Individuals essential to a particular hockey event or hockey program

Players (per team)

- 17 Skaters + 2 goalies (Minor)
- 18 Skaters + 2 goalies (U18AAA & Jr)

Team Officials (per team)

- Head Coach (max. 1)
- Assistant Coach (max. 3)
- HCSP / Trainer (max. 1)

Officials

- On-ice: 1-2 Referee(s), 1-2 Linesperson(s)
- Off-ice: Scorekeeper & Time Keeper

Essential Event Staff

- Broadcaster & Videographer
- (the above are limits)*

Activity Participants must adhere to all viaSport Phase 2 & Phase 3 guidelines, and local municipality and facility guidelines;

Patrons (Spectators)

An individual who attends a hockey event but is not part of the Essential Hockey Activity Participant Group.

- This group is limited to a maximum of fifty (50) people
- The **Home Team** is responsible for checking-in and collecting contact information for all patrons in attendance at the sport activity and closely monitoring the total number present.
- Patrons must ensure they are able to maintain physical distance (2-metres) from all essential activity participants, facility staff and all other facility patrons; before, during and after activity while at the facility.

Community Guidelines

Each municipality has the ability to further outline their capacity to accommodate participants and patrons within the established guidelines, with support from the British Columbia Recreation and Parks Association (BCRPA)

Each facility has the ability to further outline their capacity to accommodate participants and patrons within the established guidelines, with support from the Recreation Facilities Association of British Columbia (RFABC)

BC Hockey Members are encouraged to regularly engage with their local municipality and facilities to confirm guidelines and protocols in place within their communities.



Meadow Ridge Female Minor Hockey Association

23588 Jim Robson Way, Maple Ridge BC V2W 1B8

MRFMHA Arena Procedures and Capacity Limits:

The arena procedures and capacity limits will depend on the arena, the age group and the activity. The current version is available on the MRFMHA Website: <https://www.barracudashockey.ca/return-to-play/>

COVID-19 Operational Plan

Last Update: December 3, 2020



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PREAMBLE

At the onset of the COVID-19 pandemic, the Pitt Meadows Arena Complex was instructed by the Office of the Chief Medical Officer of Health for the Province of British Columbia and the City of Pitt Meadows to close the facility on March 16, 2020 to the public until further notice. These instructions have been adhered to and a Phased Re-Opening Plan has been created to document all protocols and guidelines for patrons and staff to adhere to. This document has been created by Scott Mosby, General Manager of the Pitt Meadows Arena Complex. The plan will be constantly monitored by all facility Managers with the General Manager having final authority to revise. It is of paramount importance when re-opening to mitigate both potential exposure to the COVID-19 virus and liability to the facility.

COVID-19

“The novel coronavirus (SARS-CoV-2), also known as COVID-19 is highly transmissible via respiratory droplets. As of May 1, 2020, there are 30,104 confirmed cases of SARS-CoV-2 in Canada, 1531 (5%) are in persons less than 19 years of age. Twenty-two persons (1%) have been admitted to hospital, and two (<1%) have been admitted to the ICU nationally, without any fatalities.¹ Complimentary data from the United States shows that of 2,572 children with confirmed COVID-19, the mortality was 0.1%.

There is evidence that physical activity, in the form of organized sport, is beneficial for the physical health, cognitive function, and mental health.” (West Vancouver Minor Hockey Association, "Restarting Minor Hockey during the COVID-19 Pandemic, May 7, 2020)

RE-OPENING

Pitt Meadows Arena Complex will allow a soft opening which will allow for some activity to return to the facility. In partnership with the City of Pitt Meadows, BCRPA, ViaSport guidelines, Local Sports Organizations and recommendations from the Provincial Health Office (PHO) we will adhere to the limit of persons allowed in the facility for each activity. Moving forward we will also follow these directions and will loosen the protocols as permitted.

PMAC will adhere to the gathering guidelines set out by PHO.

While on the premises of PITT MEADOWS ARENA COMPLEX, a minimum of 6 feet/2 metres social distancing is to be maintained AT ALL TIMES between participants, event staff and employees, both on and off the ice.

Face masks required in all areas outside field of play as of October 12th, 2020.

No Spectators permitted as of October 16th, 2020.

Off-ice warm-ups will not be permitted inside the facility.

The lobby area will be restricted to flow through traffic only.

Dressing Rooms are available for use & marked for social distancing.

Dressing Room toilets and sinks will be accessible. Showers are not available for use.

Lobby Washrooms will not be open to the general public. Please use designated washrooms only.

F&B will remain closed to program participants and spectators. Food & Beverage service will be evaluated on an ongoing basis and will only operate when it is deemed to be safe to do so for both staff and guests.

No food & beverage to be brought into the facility. Personal (filled at home) water bottles for participation in activity will be exempt. Water fill stations are not accessible.

Ice rinks start and finish times will be staggered to ensure event traffic only.

Timing and frequency for floods will be determined by NRI management group in consultation with user groups.

ICE HOCKEY / RINGETTE RECOMMENDATIONS

GOVERNED SPORTS

Follow PSO and ViaSport Return to Sport Phase 2 guidelines.

Field of Play numbers shall not exceed the limit of 22 Athletes in total. Maximum 4 Coaches.

U9 is permitted 3 coaches maximum per team.

PERMISSABLE EVENT STAFF:

1 HCSP

1 Team Manager

3 Dressing Room Volunteers

LSO's are responsible for ensuring that all Event Staff are certified as per governing PSO.

PRIVATE USERS

Field of Play numbers shall not exceed the limit of 22 Athletes in total. Maximum 4 Coaches.

Scrimmages, games and contact activities are not permitted at this time.

PERMISSIBLE EVENT STAFF:

5 Off Ice Volunteers

Permissible Event Staff must meet terms of Users Covid-19 Safety Plan.

FIGURE SKATING / RECREATIONAL SKATING RECOMMENDATIONS

GOVERNED SPORTS

Follow PSO and ViaSport Return to Sport Phase 2 guidelines.

On ice numbers shall not exceed the limit of 22 Athletes in total. Maximum 4 Coaches.

PERMISSIBLE EVENT STAFF:

5 Off Ice Volunteers

LSO's are responsible for ensuring that all Event Staff are certified as per governing PSO.

PRIVATE USERS

No pairs or dance permitted.

On ice numbers shall not exceed the limit of 22 Athletes in total. Maximum 4 Coaches.

PERMISSIBLE EVENT STAFF:

5 Off Ice Volunteers

Permissible Event Staff must meet terms of Users Covid-19 Safety Plan.

There will be no leisure / recreational / public skating ice slots until further notice.

**PITT MEADOWS ARENA COMPLEX WILL CONTINUE TO EMPLOY THE FOLLOWING
SANITIZATION PRACTICES**

- While on the premises of **PITT MEADOWS ARENA COMPLEX**, a minimum of 6 feet/2 metres social distancing is to be maintained between participants, event staff and employees, both on and off the ice.
- Frequent cleaning and disinfecting of all commonly touched surfaces such as interior and exterior door handles, railings, and ice rink gate handles.
- Common areas (Lobby, stairs, mezzanine, counters, etc.) and washrooms (faucets, hand-dryers, counters, urinals and toilets) to be cleaned, sanitized and recorded on a regular basis throughout the day.
- Sanitizing staging areas and dressing rooms (if used) between each user group.
- Signage will be posted throughout the facility to emphasize to Guests & Staff the importance of frequent handwashing and proper hygiene practices.
- Floor markings, decals and signage will be used where necessary to indicate physical distancing, directional foot traffic, no entry zones and other restrictions pertinent to reopening.
- Handwashing and sanitizing stations will be available in designated areas.
- **PITT MEADOWS ARENA COMPLEX** will journalize and document
 - a. Any employee symptoms of illness
 - b. Regular, daily, hourly and 'as needed' cleaning and disinfecting within the facility

SANITATION PRACTICE FOR REMOVAL OF BODILY FLUIDS

- Employees will always wear disposable gloves and mask to protect themselves when cleaning blood or bodily fluids.
- Access to the area should be restricted.
- Disposable absorbents will be used to soak up the blood/liquid.
- All visibly soiled surfaces should be cleaned before disinfection.
- The surface must be disinfected with the appropriate solution and be allowed to dry naturally.
- After cleaning, employees must promptly disinfect mops and any other cleaning equipment; otherwise, any potential virus may be spread to other areas.
- Workers must remove any protective equipment and wash their hands before returning to work.

BOOKING PROCESS

Due to operating limited rentable spaces, we may not be able to meet your need for ice / space. We will work with your group to find what is feasible with less ice times possible.

- Ice / rental contracts will be provided once rental times are agreed to.
- User groups will have to provide proof of insurance (where applicable) prior to participating in any activity at the Pitt Meadows Arena Complex.
- User groups will sign the agreed to contract, and payment in full for your ice time will be required upon agreement. At this time, we will only take payments by credit card, debit card or cheque, no cash payments permitted.
- User groups will be provided a copy of the **PITT MEADOWS ARENA COMPLEX COVID-19 Operational Plan** and signed that they have read and agreed to the plan. It is the responsibility of the individual renting the ice times to disseminate the information to all of their users and that they clearly understand the protocols in place and what to expect before arriving at the facility.

ANY GROUPS USING THE FACILITY MUST HAVE AN OPERATIONAL ACTION PLAN IN PLACE PRIOR TO BOOKING ANY ICE TIME AND BEING ALLOWED USE OF THE FACILITY. INDIVIDUAL ICE RENTAL USERS MUST ABIDE BY THE FACILITY OPERATIONAL PLAN AND GUIDELINES.

ALL PARTICIPANTS & EVENT STAFF WILL BE REQUIRED TO ABIDE BY THE FOLLOWING PROCEDURES AND GUIDELINES

- While on the premises of **PITT MEADOWS ARENA COMPLEX**, a minimum of 6 feet/2 metres social distancing is to be maintained **AT ALL TIMES** between participants, event staff and employees, both on and off the ice.
- **THERE IS TO BE ABSOLUTELY NO LOITERING ON FRONT STAIRS AND WALKWAY!!!**
- Event Staff will be responsible for maintaining and enforcing social distancing for their individual groups at all times. They are also responsible for assisting athletes to exit facility in the 10min time frame. Failure to do so, may result in your group not being permitted entry to facility and/or forfeiture of ice time.
- Event Staff are also responsible for assisting in the safe orderly evacuation of athletes should a facility emergency occur.
- As of October 12th, Face Masks are required to be worn upon entry to facility and worn in all areas outside the field of play. Event Staff will be responsible for ensuring all group members are wearing face masks prior to entry.
- As of October 16th, 2020, Spectators will no longer be permitted in the building.
- Participants are asked to wait in vehicles until scheduled entry time.
- Groups may not enter the facility unless greeted by a Facility Host. The Host will then direct groups to appropriate rink. There will be no early admittance to the Facility.
- **U9 volunteers** are permitted entry to help children with skates and must leave immediately afterwards. They will be permitted back in at the scheduled end time to assist with children.
- With exception for U9 volunteers, **there will be no coming and going. If you exit the facility you will not be permitted back in.**
- User groups will only be permitted in the building no earlier than 15 minutes prior to their activity/ice time. There is to be no crossing of paths between user groups.
- User groups must exit from dressing rooms/rink within 10 minutes after their session.
- It is highly recommended participants arrive & depart from the facility dressed with the majority of their equipment on.
- Off-ice warm-ups will not be permitted inside the facility.
- Participants will all use their own water bottles – absolutely no sharing! Please fill at home as water fill stations are not available.
- No spitting!
- Dressing Room Showers will not be in use.
- The Lobby Area will be restricted to flow through traffic only.
- Designated Washrooms will be open but limited to one person at a time to ensure social distancing & sanitization protocols are in place. Chrysler Rink will have access to hallway washrooms, VW Rink will have access to lobby washrooms & Fiat Rink has its own washrooms.
- Frequent hand washing by patrons is recommended.
- **MOST IMPORTANTLY** ... If a participant, parent, guardian, or coach have recently travelled outside the country and have not cleared 14 days of self-quarantine or if a participant, parent, guardian, or coach are experiencing any COVID-19 symptoms or have had close contact with someone who has COVID-19 like symptoms, **DO NOT PARTICPATE OR ENTER THE FACILITY.**

EMPLOYEE SCREENING

In effort to screen employees prior to entering the facility we will implement a passive screening process that requires all employees to fill a questionnaire prior to the start of their shift. This process will follow Provincial work safe guidelines.

We will also follow City of Pitt Meadows guidelines on safe work practices where applicable and work with the City of Pitt Meadows Health and Safety officer as well any local, Joint Health and Safety Committee

ILLNESSES OR SYMPTOMS WITH BOTH STAFF AND EVENT STAFF/PARTICIPANTS

Event Staff / Participant – Should any event staff / participant develop symptoms during their time in the facility, they will be given a disposal face mask to wear and the staff interacting with them will wear one as well. The individual will be asked to leave the facility immediately and instructed to contact 811 as soon as they get home as recommended by the Office of the Chief Medical Officer of Health for the Province of British Columbia. Should they be tested and found positive for COVID-19, we will follow the communication protocols listed below.

Staff – If a Staff member develops symptoms of COVID-19 they will be asked to immediately put on their community face mask and go to the designated health area. From there a Manager will advise them to go home, contact 811 and log the information, following their recommendations. Should they be recommended for testing and found positive, we will follow the communication protocols listed below.

One confirmed case of COVID-19 (Individual who tests positive for the virus causing COVID-19); **OR Two or more suspect cases of COVID-19 may lead to facility closure.**

Suspect Case:

- An individual that has 2 or more of the following symptoms:
 - fever or signs of fever,
 - new cough or worsening chronic cough,
 - runny nose,
 - headache,
 - sore throat,
 - new onset of fatigue,
 - new onset of muscle pain,
 - diarrhea or
 - loss of taste or smell; or
- An individual displaying purple fingers or toes even as the only symptom.

The facility cannot reopen until advised by Public Health. Regional Public Health will be involved to manage the outbreak and ensure contacts are identified; public health measures are in place and will lead any communication that is required.

COMMUNICATION PROTOCOLS

Should there be a single confirmed case or two suspected cases of COVID-19 of staff and/or event staff/participants, we will immediately contact Public Health as well as Senior Management for Nustadia Recreation Inc. and partner members of the Facility Management Review Team.

We will notify The City of Pitt Meadows of any suspected or confirmed cases.

Our protocol will be that if anyone at the facility is diagnosed with COVID that we will notify and follow any/all recommendations from Public Health at that time. We will also make initial contact with the User group by email as they are responsible for releasing their contact tracing information to us and ask for them to confirm receipt of email. For those who do not confirm receipt we will follow up by phone. Facility Management must follow the direction of Public Health who may complete this process.

STAFF CONTACTS

Scott Mosby, General Manager
Email: smosby@pittmeadowsarena.com
Cell: 778-879-0487
Office: 604-460-1531

Jodi Johnson, Office Manager
Email: jjohnson@pittmeadowsarena.com
Cell: 604-999-5676
Office: 604-460-1531

It's important to understand that this is not “business as usual”. We are venturing into a “new normal” with these procedures. Our goal is to create a safe and healthy environment for staff and users by making the necessary adjustments to help limit the risk of exposure to COVID-19. We are confident that by adhering to the above noted policies and procedures, while continuing to work with ViaSport, the Provincial Health Office and the City of Pitt Meadows that we can safely remain open and operate the **PITT MEADOWS ARENA COMPLEX.**

Submitted by:

Scott Mosby
General Manager
Pitt Meadows Arena Complex

COVID-19 Addendum to Facility User Agreement

PLEASE READ CAREFULLY!

Dr. Bonnie Henry stated on May 16, 2020 that “COVID-19 is new for all of us”. The City of Pitt Meadows responded to the direction from our public health officials to first close our Facility (Pitt Meadows Arena Complex) and cease offering services, and we are now responding to the direction to reopen our Facility and offer services to our community cautiously, with the safety of our staff and community being our priority. This includes permitting user groups access to our facilities, but solely on the basis that COVID-19 precautions will be adhered to by any and all user groups and individual participants.

COVID-19 remains a worldwide pandemic and a threat to our local health and safety. We know the following (this list is not intended to be exhaustive):

1. The infectious agent, SARS-CoV-2, has caused cases and outbreaks of a serious communicable disease known as COVID-19 among the population of the Province of British Columbia;
2. Our public health officials have determined this constitutes a regional event, as defined in section 51 of the *Public Health Act*;
3. A person infected with SARS-CoV-2 can infect other people with whom the infected person is in contact; and
4. The gathering of people in close contact with one another can promote the transmission of SARS-CoV-2 and increase the number of people who develop COVID-19.

We cannot be certain that a person (of any age) will not contract SARS-CoV-2 at our Facility and/or while participating in activities in the Facility. Groups booking ice time will be required to develop a COVID-19 Safety Plan inclusive of associated policies and procedures that support the plan, have it readily available for participants, and provide it to Nustadia Recreation Inc. should it be requested. Your participants are to be made aware that **the risk remains that a COVID 19 outbreak could occur despite our efforts.**

As the representative of a user group, you are required to develop and confirm that you understand your COVID-19 Safety Plan and that you have developed COVID-19 policies and procedures that are aligned with provincial guidelines for your activity. You are required to circulate this Addendum to the participants in the activity for which you are utilizing our Facility. You are required to take steps to ensure that participants act in accordance with Nustadia Recreation Inc.’s COVID-19 Operational Plan and COVID-19 policies and procedures. Failure to adhere to the same could result in your user group’s permit to use public spaces being revoked without refund of any fees and/or any particular person being banned from access to our Facility.

If a participant, parent, guardian, or coach have recently travelled outside the country and have not cleared 14 days of self-quarantine or if a participant, parent, guardian, or coach are experiencing any COVID-19 symptoms or have had close contact with someone who has COVID-19 like symptoms, **IT IS MANDATORY THAT THEY DO NOT ENTER THE FACILITY.**

Should a patron / participant develop symptoms during their time in the facility, they will be given a disposal face mask to wear and the staff interacting with them will wear one as well. The individual will be asked to leave the facility immediately and instructed to contact 811 as soon as they get home as recommended by the Office of the Chief Medical Officer of Health for the Province of British Columbia. Should they be tested and found positive for COVID-19, we will follow the communication protocols listed below.

Should there be a single confirmed case or two suspected cases of COVID-19 of staff and/or patrons, we will immediately contact Public Health as well as Senior Management for Nustadia Recreation Inc. and partner members of the Facility Management Review Team.

We will notify The City of Pitt Meadows of any suspected or confirmed cases.

We will follow any/all recommendations from Public Health at that time. Our assumed protocol will be that if anyone at the facility is diagnosed with COVID that we will send out notification to all patrons and staff that attended at the same time as that individual. We will make initial contact by email and ask for them to confirm receipt. For those who do not confirm receipt we will follow up by phone. Facility Management must follow the direction of Public Health who may complete this process, please follow your local protocols.

For more information regarding the risks associated with COVID-19, please review the BC CDC guidelines for recreation facilities: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/community-settings/recreation-facilities>.

I have read, understand and agree to this Addendum to the Facility User Agreement.	INITIAL HERE
I have reviewed this Addendum to the Facility User Agreement with all participants in my group/activity(ies).	INITIAL HERE
I verify that a COVID-19 Safety Plan exists for my group/activity and that all members and participants have read and understood such plan.	INITIAL HERE
I verify that our organization has implemented Policies and Procedures to support the Nustadia Recreation Inc. COVID-19 Operational Plan.	INITIAL HERE

In light of the ongoing COVID-19 Pandemic, the undersigned and Nustadia Recreation Inc. wish to supplement the terms of the Facility User Agreement granted to the undersigned on Booking # 1146 through this Addendum.

Print name clearly

Date

Signature

Organization

Cellular Phone Number

Emergency Email



COVID-19 Addendum to Facility Rental

PLEASE READ CAREFULLY!

Dr. Bonnie Henry stated on May 16, 2020 that “COVID-19 is new for all of us”. We at the City of Maple Ridge responded to the direction from our public health officials to first close our facilities and cease offering services, and we are now responding to the direction to reopen our facilities and offer services to our community cautiously, with the safety of our staff and community being our priority. This includes permitting user groups access to our facilities, but solely on the basis that COVID-19 precautions will be adhered to by any and all user groups and individual participants.

COVID-19 remains a worldwide pandemic and a threat to our local health and safety. We know the following (this list is not intended to be exhaustive):

1. The infectious agent, SARS-CoV-2, has caused cases and outbreaks of a serious communicable disease known as COVID-19 among the population of the Province of British Columbia;
2. Our public health officials have determined this constitutes a regional event, as defined in section 51 of the *Public Health Act*;
3. A person infected with SARS-CoV-2 can infect other people with whom the infected person is in contact; and
4. The gathering of people in close contact with one another can promote the transmission of SARS-CoV-2 and increase the number of people who develop COVID-19.

We cannot be certain that a person (of any age) will not contract SARS-CoV-2 at one of our facilities and/or while participating in one of our programs, but we have taken the steps required to develop our COVID-19 Safety Plan, which is available for your review at [\[https://www.mapleridge.ca/1925/Facility-Information\]](https://www.mapleridge.ca/1925/Facility-Information). We have also developed COVID-19 policies and procedures, which are available for your review here [\[https://www.mapleridge.ca/1925/Facility-Information\]](https://www.mapleridge.ca/1925/Facility-Information). We have implemented our COVID-19 Safety Plan and will be applying our policies and procedures, but **the risk remains that a COVID 19 outbreak could occur despite our efforts.**

As the representative of a user group, you are required to read and confirm that you understand the COVID-19 Safety Plan and COVID-19 policies and procedures. You are required to circulate this Addendum to the participants in the activity for which you are utilizing our facilities. You are required to take steps to ensure that participants act in accordance with the COVID-19 Safety Plan and COVID-19 policies and procedures. Failure to adhere to the same could result in your user group's license being

revoked without refund of any fees and/or any particular person being banned from access to our facilities.

It is vital that no person who feels sick in any way visit any of our facilities and/or utilize any of our services. It is also vital that no person brings a child who feels unwell or is showing any symptoms of illness to any of our facilities and/or programs.

It is vital that any person who believes that they may have become ill or their child may have become ill within 14 days of visiting one of our facilities report this immediately to us by contacting Facility Bookings at 604-467-7357 or facilitybookings@mapleridge.ca and seek appropriate medical attention by first calling 8-1-1. We will share personal information for the purposes of contact tracing if the need arises. To attend our facilities, all persons taking part in your activities must consent to the same.

For more information regarding the risks associated with COVID-19, please review the BC CDC guidelines for recreation facilities: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/community-settings/recreation-facilities>.

I have read, understand and agree to this Addendum to Facility Use Rental Agreement.	INITIAL HERE
I have reviewed the City of Maple Ridge COVID-19 Safety Plan.	INITIAL HERE
I have reviewed this Addendum to Facility Use Rental Agreement with all participants in the activity(ies).	INITIAL HERE

Print name clearly

Date

Signature

Organization

Cellular Phone Number

Emergency Email



COVID-19 PLAN PHASE 12

December 3, 2020

Please know that we are committed to providing you with a safe environment that aligns with WorkSafeBC protocols to ensure that the risk of exposure to the virus that causes COVID-19 is always minimized. Our current COVID-19 plan is guided by local and public health authorities including the **Provincial Health Order issued December 2, 2020**.

Protective measures we are taking to ensure the health and safety of everyone at Planet Ice:

Increased cleaning

- Starting with our public spaces and high-traffic areas, we are going above and beyond our normal protocols. We are cleaning surfaces with increased frequency, dedicated staff, and all done by the recommended cleaning agents.
- Following each group using the arena there is a 30-minute break between ice users to ensure all high traffic touch points can be thoroughly sanitized. This includes all benches, players gates, dressing rooms, door handles, and washroom areas.

Hand sanitizer

- We have hand sanitizer available at the main entrance of the facility and in various locations throughout the facility. We encourage you to use it as you enter Planet Ice.

Entering the Facility

- We ask that you arrive on time, however, please do not arrive early, as participants and guests will only be allowed to access the facility 15 minutes prior to their scheduled ice time.
- When you arrive at the arena 15 minutes before your ice time, please line up at the main entrance and ensure you are appropriately physically distancing yourself from others.

Mandatory Use of Face Mask or Face Covering

- All employees, visitors, and customers are required to wear a mask or face covering upon entering and remaining within any Planet Ice Facility. The mask or face covering must cover the nose, mouth, and chin.
- Temporary removal of the mask or face covering is permitted for the following purposes:
 - On ice participation and players benches (Field of Play).
 - Within the dressing room, only when a helmet is being worn. When an athlete's helmet is removed, the athlete will wear a face mask or face covering.
 - While at a table dining at Boomers Bar & Grill.
 - For any emergency or medical purpose.
 - Persons entering or remaining in the facility without a mask or face covering will be given a verbal reminder of the policy's masking requirement. Failure to comply will result in person being banned from the facility and group suspended.



Social Distancing

- The guided markers and signage in public spaces will remind our guests to maintain the physical distancing of 2 meters of at all times while in the facility.
- One of our staff members will be present at the main entrance to manage your check in.
- **On ice and on players benches social distancing is mandatory.**
 - To mitigate the spread of COVID on the ice surface, **FULL EQUIPMENT** including helmets with cages/shields are recommended to be worn by all players.
 - All players must adhere to appropriate hygiene and handwashing protocols prior to playing and going on the ice.
 - Players should be social distancing from each other in all other shared spaces within the arena.

Exiting the Facility

- Following the completion of your session players and guardians will have 10 minutes to exit the facility following the end of their session.
- At Planet Ice Coquitlam - you will exit the facility through the side exit at your designated arena.
- At Planet Ice Delta - you will exit the facility the same way you entered.
- At Planet Ice Maple Ridge – you will exit the facility the same way you entered.

Washrooms

- At Planet Ice Coquitlam, the downstairs lobby washrooms are available.
- At Planet Ice Delta, the upstairs lobby washrooms, and the washrooms in the concession on the downstairs level are available. For Coaches and Athletes, the officials room designated on your rink.
- At Planet Ice Maple Ridge, the downstairs lobby washrooms are available.
- Please note that no gathering in lobby spaces will be permitted.

Dressing Rooms

- Masks are mandatory until helmets are on to exit dressing room.
- There will be no showers or washrooms inside the dressing rooms.
- At Planet Ice Coquitlam groups can utilize up to 4 dressing rooms per booking.
- At Planet Ice Delta groups can utilize 2 dressing rooms per booking.
- At Planet Ice Maple Ridge groups can utilize 2 dressing rooms per booking.
- There are marked sections for each athlete to use to social distance.



Maximum Number of Participants – Private Groups

- Private Adults Groups (**Games**) – NOT PERMITTED
- Private Youth Groups (**Practices**) - A maximum of **25 participants in the field of play per rink**. This includes athletes & coaches. Shooting, passing, skating drills are permitted. Social Distancing is always mandatory. No scrimmages or battle and compete drills. For practice sessions 2 Event Staff are also permitted. (No Spectators)
- Private Youth Groups (**Games**) – NOT PERMITTED
- Public Programs – A Maximum of **30 participants**. This includes 26 skaters & 4 on ice staff. (No Spectators)

Maximum Number of Participants – Governed Sports

- Hockey & Ringette (**Practices**) – A maximum of **25 participants in the field of play per rink**. This includes athletes & coaches. Shooting, passing, skating drills are permitted. Social Distancing is always mandatory. No scrimmages or battle and compete drills. For practice sessions 2 Event Staff are also permitted. (No Spectators)
- Hockey & Ringette (**Games**) – NOT PERMITTED
- Skating Clubs (**Training Sessions**) – A maximum of **25 participants in the field of play per rink**. This includes athletes & coaches. Social Distancing is always mandatory. For training sessions 2 Event Staff are also permitted. (No Spectators)

Event Staff

- Event staff includes scorekeepers, timekeepers, managers, safety person / trainer, videographer & dressing room / essential volunteers.
- Event Staff not involved in game play must sit or stand in the designated sections that are appropriately socially distanced from the next person.
- There is no in and out privileges for participants or event staff. If you leave during ice session you are unable to re-enter.
- There is no swapping of participants or event staff during your ice session.



Assisting Athletes

- U9 (2012) & Younger 1 parent / guardian per athlete may assist with equipment before & after ice sessions. Must vacate once session starts and can re-enter 1 minute before session ends. They will be let in by the groups Safety Ambassador once our Host has approved.
- U11 (2010) & Younger **GOALIE DEVELOPMENT** 1 parent / guardian per athlete may assist with equipment before & after ice sessions. Must vacate once session starts and can re-enter 1 minute before session ends. They will be let in by the groups Safety Ambassador once our Host has approved.
- No siblings are permitted within the facilities.

Safety Ambassador Mandatory

- Each group must appoint a Safety Ambassador for each team as part of their Return to Sport.
- The team's Safety Ambassador will screen for illness prior to entering the arena including athletes, coaches, event staff and on ice officials.
- The team's Safety Ambassador **will meet the arena Host at the entrance door 15 minutes prior to the ice time.** If no Safety Ambassador is in attendance the group will be unable to enter the facility. It is the responsibility of the team's Safety Ambassador to manage the entrance door once the arena attendant has opened the entrance door. The Safety Ambassador must remain at the front entrance until all participants, event staff and officials have entered.
- Following a U9 (2012) & younger session the Safety Ambassador will need to be at the front entrance to let parents / guardians in to assist with removal of athlete's equipment. Our Host will indicate when they can enter. All parents / guardians are to enter all at once. This will occur with 1-minute left in the ice session.
- Following a U11 (2010) & younger **GOALIE DEVELOPMENT** session the Safety Ambassador will need to be at the front entrance to let parents / guardians in to assist with removal of athlete's equipment. Our Host will indicate when they can enter. All parents / guardians are to enter all at once. This will occur with 1-minute left in the ice session.
- The team's Safety Ambassador will maintain a record of names and phone numbers for those persons entering the arena. This information will be made available to the Public Health Authority upon request for the contact tracing purposes.
- The team's Safety Ambassador will enforce the facility and LSO guidelines.
- The teams Safety Ambassador must be easily identifiable i.e. Clipboard and lanyard.

**Persons who choose to not follow our restrictions will be
suspended from the building for 30 days.**

If you have recently travelled outside of the country and have not cleared the required 14 days of self-quarantine, or if you are experiencing any COVID-19 or flu-like symptoms, or if you have had any contact with someone who has COVID-19-like symptoms, **PLEASE DO NOT PARTICIPATE OR ENTER THE FACILITY.**

Appendix D: Resources

HOCKEY CANADA/BC HOCKEY

Hockey Canada – Return to Hockey: <https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey>

Hockey Canada – Return to Hockey Safety and Protocols: <https://hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety>

Hockey Canada Safety Essentials: <https://www.hockeycanada.ca/en-ca/hockey-programs/safety/essentials>

BC Hockey – Return to Hockey: <http://www.bchockey.net/Files/Return%20to%20Hockey%20Website%20one-page%20Document.pdf>

GOVERNMENT OF CANADA

Public Health Authorities in Canada: <https://www.justice.gc.ca/eng/cv/author.html>

COVID-19 Information: <https://www.canada.ca/en/public-health/services/disease/coronavirus-disease-covid-19.html>

Provincial and Territorial Resources: <https://canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms/provincial-territorial-resources-covid-19.html>

COVID-19 Awareness Resources: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/awareness-resources.html>

COVID-19 & Privacy: https://www.priv.gc.ca/en/privacy-topics/health-genetic-and-other-body-information/health-emergencies/gd_covid_202003/

Disinfectants and Hand Sanitizers: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19.html>

Proper Hand Hygiene: <https://www.canada.ca/en/public-health/services/healthy-living/hand-hygiene.html>

Travel Advisories: <https://travel.gc.ca/travelling/advisories>

Health Canada Handwashing Guidelines: <https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-your-hands/eng-handwashing.pdf>

Health Canada Personal Protective Equipment against COVID-19: <https://www.canada.ca/en/health-canada/services/drugs-health-products/medical-devices/covid19-personal-protective-equipment.html>

PROVINCE OF BRITISH COLUMBIA & VIASPORT

viaSport Return to Sport Guidelines for B.C.: <https://www.viasport.ca/return-sport>

B.C.'s Restart Plan: https://www.scribd.com/document/460236402/B-C-s-Restart-Plan-Next-Steps-to-Move-Through-the-Pandemic#fullscreen&from_embed

BC COVID-19 Go-Forward Management Strategy: https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/bc_covid-19_go-forward_management_strategy_web.pdf?bcgovtm=20200506_GCPE_AM_COVID_9_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION

B.C. Go Forward Strategy Checklist: https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/gdx/go_forward_strategy_checklist_web.pdf

PHO Orders: <https://www2.gov.bc.ca/gov/content/health/about-bc-s-health->

HEALTH RESOURCES

COVID-19 (B.C.) Provincial Support: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>

BC COVID-19 Self-Assessment Tool: <https://bc.thrive.health/covid19/en>

BCCDC COVID-19: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

BCCDC Cleaning and Disinfecting: http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf

REGIONAL HEALTH AUTHORITIES

Fraser Health: <https://www.fraserhealth.ca/>

Interior Health: <https://www.interiorhealth.ca/Pages/default.aspx>

Island Health: <https://www.islandhealth.ca/>

Northern Health: <https://www.northernhealth.ca/>

Vancouver Coastal Health: <http://www.vch.ca/>