



Meadow Ridge Female Minor Hockey Association

23588 Jim Robson Way, Maple Ridge BC V2W 1B8

MRFMHA Illness Policy (Updated November 30, 2020):

In this policy, “**Team Member**” includes an employee/staff, coach, volunteer, athlete, or parent.

1. Inform:

- The Team Member should **immediately** inform the HCSP and the Manager if the Team Member:
 - Fails the [BC COVID-19 Self-Assessment Tool](#)
- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) if:
 - The Team Member or a member of the same household:
 - Tests positive for COVID-19;
 - Has been tested and is waiting for the results of a COVID-19 test; or
 - Has come in close contact with someone who is confirmed to have COVID-19
 - The Team Member is a member of a household where a household member has been advised to self-isolate by the public health authorities.
- While Team Members are required to inform MRFMHA as outlined above, all details will be kept confidential. MRFMHA is permitted to disclose the information to the public health authorities and the MRFMHA Board and Risk Manager, as required. Any additional disclosure will require the approval of the Team Member or at the direction of the public health authorities.

2. Assessment:

- All individuals attending an Association event must follow the [BC COVID-19 Self-Assessment](#) (“Self-Assessment”) screening tool prior to arriving at the facility.
- It is the responsibility of all parents to assess their children and other members of their household to determine if participation in Association events meets the Self-Assessment criteria
- Team Members failing the Self-Assessment should call Health Link BC at 8-1-1 for further guidance and **immediately** notify the HCSP and Manager. The HCSP will document all failed Self-Assessments including the guidance received from the public health authorities.
- Team Officials will ensure all participants have completed the Self-Assessments prior to entering the facility and also visually monitor athletes during the session to assess any early warning signs of COVID-19 symptoms.

3. If a Team Member or a member of the same household is feeling sick with COVID-19 symptoms:

- They should remain at home and contact Health Link BC at 8-1-1 and **immediately** notify the HCSP and Manager. The HCSP will document the guidance received from the public health authorities.
- If they feel sick and/or are showing symptoms while at the facility, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- No Team Member may participate in a practice/activity if they are symptomatic unless cleared by public health authorities.

4. If a Team Member or a member of the same household has been tested and is waiting for the results of a COVID-19 test

- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#)
- All Team Members of the same household will be removed from the facility/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by public health authorities.
- Other Team Members who have had close contact with the Team Member(s) as determined by public health authorities will be informed and removed from the facility/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by public health authorities.



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- The Team Member(s) will not be permitted to return to the facility or any activity until they have been medically cleared by a doctor or public health authorities.

5. If a Team Member or a member of the same household tests positive for COVID-19:

- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#)
- The Team Member and all members of the same household will be removed from the facility/activity for at least 14 days or as otherwise directed by public health authorities.
- Any Team Members who are part of the same session with the infected Team Member(s) may also be removed from the facility/activity for at least 14 days to ensure the infection does not spread further.
- The Team Member(s) will not be permitted to return to the facility or any activity until they are medically cleared by a doctor or the public health authorities.

6. If a Team Member has come in close contact with someone who is confirmed to have COVID-19:

- The Team Member should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) if they reasonably believe they have been exposed to COVID-19.
- Once the contact is confirmed, the Team Member will be removed from the facility/activity for at least 14 days or as otherwise directed by public health authorities.
- Team Members who may have come into close contact with the Team Member as determined by the public health authorities will also be removed from the facility/activity for at least 14 days.

7. Quarantine or Self-Isolate if:

- Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- Any Team Member who is a member of a household where a household member has been advised to self-isolate by the public health authorities should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) and is not permitted to enter any part of the facility until approved by public health authorities.
- Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in households who are self-isolating should **immediately** inform the HCSP, the Manager and the [MRFMHA Vice President](#) and is not permitted to enter any part of the facility until approved by public health authorities.