



**RETURN to HOCKEY**

COVID-19 RESPONSE



# RETURN TO HOCKEY

## MEMBER PLAN

# Introduction

BC Hockey Members are focused on reviewing and applying the guidelines within the primary resources outlined in this section to create their Association 'Return to Hockey' plans. BC Hockey has created this document to serve as tool to assist Members in the formation of these plans with the understanding that aspects of each plan may be unique from Member to Member. There is also an understanding that these plans are fluid and must be adaptable to updates provided by the health authority, sport sector or national sport organization (Hockey Canada).

## Primary Resources

### Review and Follow:

- Provincial Guidelines [CLICK HERE](#)
- viaSport (Sport Sector) return to activity guidelines [CLICK HERE](#)
- Hockey Canada guidelines [CLICK HERE](#)
- BC Hockey Return to Hockey Phases [CLICK HERE](#)

BC Government	viaSport (Sport Sector)	Hockey Canada
General hygiene protocols	Shared equipment protocols	Regulations & registration
Group sizes	Transition from training to games	Certification & training
Physical distancing measures	Transition from non-contact to contact activity	Season structure
Travel restrictions		Program delivery model
Phase transition timelines	Facility & spectator protocols	Events & communications

☐ This step complete

## Communications Officer

Responsibilities can include:

- Monitoring all updates from the public health authority, via Sport & Hockey Canada
- Communication with local facilities (public & private) on guidelines and updates
- Ensuring teams are following the prevention guidelines set by Hockey Canada
- Ensuring COVID-19 cases are reported: Health authority, BC Hockey, MHA, league & facility

☒ We have appointed a Communications Officer:

Refer to Appendix C for resources/links

☒ This step complete

# Facilities

The **Communications Officer** should lead correspondences with all applicable facilities. The Communications Officer should collaborate with neighboring MHAs and the District MHA when facilities are used by multiple Members. A 'Return to Hockey' plan should include details for all facilities that your MHA plans to use. Therefore, the following section may need to be completed for each individual facility. Also, facility guidelines may need to be evaluated during each phase and updated:

Facility Name:

- What facility guidelines and requirements are in place specific to physical distancing?

- Are there restrictions specific to the number of people allowed in public areas?

- Are masks required when entering the facility? ☐ Yes ☒ No

- Are the following areas accessible within the facility or facilities used?

☒ Yes ☐ No

Main Lobby

☒ Yes ☐ No

Team, Officials' or alternate (accessibility) dressing room(s) & showers

☒ Yes ☐ No

Observations or Spectator areas

☒ Yes ☐ No

Washrooms

☒ Yes ☐ No

Area designated for isolation

☒ Yes ☐ No

Ice surface or surfaces (ex. Rink 1)

☐ Yes ☒ No

Other

- Outline the protocols that will be in place for each area and if an area is not available alternative options that will be in place that need to be conveyed to the participants?

☒ Main Lobby (e.g. Foot traffic flow, physical distance signage, sanitation stations etc)

- ☒ Dressing room(s) (e.g. physical distance markers, post-activity only etc)

Refer to Appendix A & B

- ☒ Observations or Spectator areas (Limits, physical distance markers etc.)

Refer to Appendix A & B

- ☒ Shower and Washroom facilities

Refer to Appendix A & B

- ☒ Isolation area & Other areas (if applicable)

Refer to Appendix A & B

- ☒ Ice Surface(s)

Refer to Appendix A & B

- ☒ How many participants are allowed on the ice? *NOTE: This will vary depending on activity level, age group, specific requirements within a facility in order to adhere to the mitigation guidelines identified by the Health Authority. It is important to outline all potential limits.*

Refer to Appendix A & B

☒ This step complete

# Participant Meeting & Administration Checklist

Topics to include in orientation of participants and parents / guardians should include but are not limited to the below:

## Review of Facility and Member protocols for physical distancing guidelines:

- ☒ Protocols within the facility prior to activity (e.g. physical distancing markers)
- ☒ Protocols during on-ice activity and off-ice activity (e.g. Phase 2 = 2m spacing)
- ☒ Protocols within facility post-activity

## Review guidelines regarding the number of people / facility patrons that are permitted:

- ☒ Within the facility at any given time
- ☒ On the ice at any given time
- ☒ In any off-ice training spaces at any given time

## Participant arrival / departure procedure:

- ☒ Established time spacing between ice bookings to minimize group cross-over
- ☒ Established arrival expectations (e.g. Participants arriving dressed for activity)
- ☒ Activity check-in / attendance to assist with possible need for contact tracing
- ☒ Protocols for participants requiring assistance (e.g. para-hockey, younger ages)
- ☒ Established designated drop-off & pick-up areas and procedures

## During Activity:

- ☒ Participants should have individually labeled water bottles (cleaned after use & filled at home)
- ☒ Personal equipment not being used must be stored in an isolated area (e.g. car)
- ☒ No sharing of personal equipment & strict hygiene protocols communicated
- ☒ Coaches, HCSP and Officials prepared to assist in all protocols

## Preparing for Programming / Activity (Registration and Administration):

- ☒ Pre-registration for all activities or programs (e.g. no on-site payments)
- ☒ Payment policy is flexible to make activities or programming accessible
- ☒ Refund policies in place, communicated and flexible (ex. Dependant upon illness)
- ☒ Ensure that all participants that are unwell or displaying symptoms **must** stay home

☒ This step complete

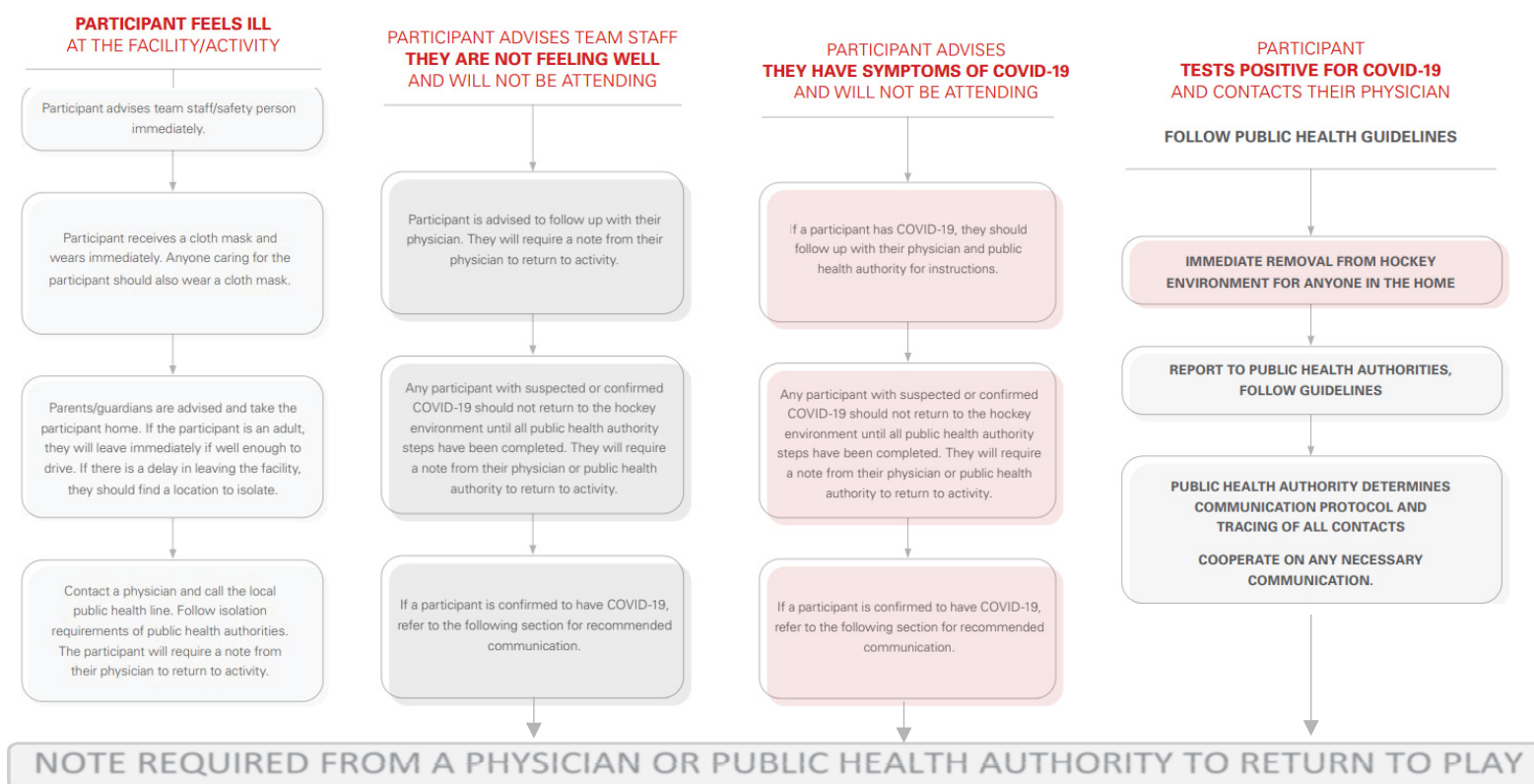
## Hygiene & Illness Protocols

Information regarding hygiene and illness protocols may be subject to change. This section is meant to not only provide resources for such protocols but ensure Members are prepared to make necessary updates as more information or best practices are established.

- ☒ Reviewed Federal Government hand hygiene guidelines [CLICK HERE](#)
- ☒ Process for participants to disclose symptoms or confirmed case of COVID-19
- ☒ HCSP responsible for initiating illness protocol during activity
- ☒ Ill participants must provide a Doctor's note prior returning to hockey activity

Refer to Appendix A & B

+



(Source: Hockey Canada Safety Guidelines - Sections 7-8)

## Emergency Action Plan – Emergency Safety Kit

It is important to include COVID – 19 protocols within every program or team Emergency Action Plan (EAP). It is valuable to provide coaches, managers and HCSP volunteers with resources to assist in the construction of each team's EAP. Your MHA 'Return to Hockey' plan should also include COVID – 19 specific resources within all team emergency safety kits to ensure that HCSP and team officials are prepared to deal with a health crisis. Hockey Canada's EAP resource [CLICK HERE](#)

### Enter Emergency Action Plans

Refer to Appendix A and Appendix B

Emerging Telephone Numbers:

Emergency: 911

Ambulance: 911

Fire Dept: 911

Ridge Meadows Hospital: 604-463-4111

RCMP: 604-465-2402 (Pitt Meadows), 604-463-6251 (Maple Ridge)

Arena Address:

Pitt Meadows Arena Complex: 11435 Bonson Road, Pitt Meadows, BC, V3Y 2S3

Planet Ice - Maple Ridge: 23588 105 Ave, Maple Ridge, BC, V2W 1B8

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

**Most common symptoms:**

- Fever
- Dry cough
- Shortness of breath

**Less common symptoms:**

- Runny nose
- Aches and pains
- Sore throat
- Diarrhea
- Conjunctivitis
- Headache
- Loss of taste and/or smell
- Skin rash, or discolouration of fingers and toes

**Serious symptoms:**

- Difficulty breathing
- Chest pain or pressure
- Loss of speech or movement

**Seek immediate medical attention if you have serious symptoms. Always call before visiting your physician or health facility.**

**On average, it takes 5-6 days from infection for symptoms to show, but it can take up to 14 days.**



# Member 'Return to Hockey' Plan (Template)

Below is viaSport's Return to Sport Activity Chart. 'Return to Hockey' plans should comply with these guidelines. Member plans should outline how it aligns with the activity chart for each phase. Particular attention should be paid to Phases 2 & 3 before any hockey programming begins. These plans may require updates as new resources are made available. Therefore, plans should be regularly reviewed and updated to reflect any changes.



## Return to Sport Activity Chart

### Phase 1

### Phase 2

### Phase 3

### Phase 4

	<b>Strictest Controls</b> Prior to May 19, 2020	<b>Transition Measures</b> Approx. May 19th to Sept	<b>Progressively Loosen</b> Future date TBC	<b>New Normal</b> Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> </ul>	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> <li>No group gatherings over 50 people</li> </ul>	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> <li>Increased hand hygiene</li> <li>Symptom Screening in place</li> </ul>	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> <li>Outdoor or within home</li> <li>Facilities and playgrounds closed</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor is safest</li> <li>Indoor facilities slowly re-opening</li> </ul>	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> <li>Small Groups</li> <li>No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Groups sizes may increase</li> <li>Limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Large groups allowed</li> <li>No restrictions on spectators</li> </ul>
Non-contact Activities	<ul style="list-style-type: none"> <li>Low risk outdoor activities can occur (biking, running, etc).</li> <li>Virtual activities</li> </ul>	<ul style="list-style-type: none"> <li>Fundamental movement skills</li> <li>Modified training activities, drills</li> </ul>	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> <li>Should not occur</li> <li>Contact sports should look for non-contact alternatives to training</li> </ul>	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> <li>Minimal shared equipment</li> <li>Disinfect any shared equipment before, during and after use</li> </ul>	<ul style="list-style-type: none"> <li>Some shared equipment</li> <li>Enhanced cleaning protocols in place</li> </ul>	Shared equipment

Enter Plan Comments

Refer to Appendix A and Appendix B



# Return to Hockey Plan - Phase 2

Category	Transition Measures	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<ul style="list-style-type: none"> <li>■ Maintain physical distance (2 metres)</li> <li>■ No non-essential travel</li> <li>■ No groups over 50 people</li> </ul>		
Enhanced Protocols	<ul style="list-style-type: none"> <li>■ Increased hand hygiene</li> <li>■ Symptom screening in place</li> </ul>		
Facility	<ul style="list-style-type: none"> <li>■ Outdoor activities recommended</li> <li>■ Indoor facilities slowly re-opening</li> </ul>		
Participants	<ul style="list-style-type: none"> <li>■ Small groups</li> <li>■ No or limited spectators</li> </ul>		
Activities (Contact to non-contact)	<ul style="list-style-type: none"> <li>■ No contact should occur</li> <li>■ Non-contact alternative training</li> <li>■ Fundamental movement &amp; training</li> </ul>		
Competition	<ul style="list-style-type: none"> <li>■ In member activity</li> <li>■ Modified non-contact game play</li> </ul>		
Equipment and Surfaces (facility)	<ul style="list-style-type: none"> <li>■ Minimal shared equipment</li> <li>■ Disinfect shared equipment and surfaces before, during and after activity</li> </ul>		

Enter Phase 2 Plans

Refer to Appendix A and Appendix B

☒ This step complete

# Return to Hockey Plan - Phase 3

Category	Progressively Loosen	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<b>Refer to Public Health Authority</b> <input type="checkbox"/> Physical distancing <input type="checkbox"/> Travel Guidelines <input type="checkbox"/> Group size / gathering guidelines		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene <input type="checkbox"/> Symptom screening <input type="checkbox"/> Expansion of Training Activities		
Facility	<input type="checkbox"/> Outdoor activities <input type="checkbox"/> Indoor activities		
Participants	<input type="checkbox"/> Increased group sizes <input type="checkbox"/> Spectator limitations		
Activities (Contact to non-contact)	<input type="checkbox"/> Pair or small group contact skills		
Competition	<input type="checkbox"/> Inter-member game play <input type="checkbox"/> Regional / District game play considered		
Equipment and Surfaces (facility)	<input type="checkbox"/> Some shared equipment <input type="checkbox"/> Disinfect shared equipment and surfaces before, during and after activity		

Enter Phase 3 Plans

To be completed when Phase 3 is initiated by viaSport.

☐ This step complete

# Return to Hockey Plan - Phase 4

Category	New Normal	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<b>Refer to Public Health Authority</b> <input type="checkbox"/> Physical distancing <input type="checkbox"/> Travel Guidelines <input type="checkbox"/> Group size / gathering guidelines		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene		
Facility	<input type="checkbox"/> Outdoor activities <input type="checkbox"/> Indoor activities		
Participants	<input type="checkbox"/> Large groups allowed <input type="checkbox"/> No restrictions for spectators		
Activities (Contact to non-contact)	<input type="checkbox"/> No restrictions		
Competition	<input type="checkbox"/> Provincial competitions <input type="checkbox"/> Large scale events		
Equipment and Surfaces (facility)	<input type="checkbox"/> Shared equipment		

Enter Phase 4 Plans

To be completed when Phase 3 is initiated by viaSport.

☐ This step complete

# Reporting and Compliance

## Prior to Season – Reporting and Compliance

- ☒ Communications Officer was established
- ☐ 'Return to Hockey' plan created and shared to all relevant parties
- ☐ Protocols have been established with all relevant facilities
- ☐ Orientation with parents / guardians, volunteers, officials and facilities has occurred
- ☒ Policies are in place regarding registration, refunds and other administrative processes

## Phase 2: Transition Measures – Reporting and Compliance

Programming was or is being delivered within guidelines for the following restrictions:

- ☐ Physical Distancing (2 metres)
- ☐ Gathering and group sizes (No greater than 50)
- ☐ Travel (no non-essential travel / single member programming)

Programming was or is being delivered within guidelines for the following enhanced protocols:

- ☐ Increased hygiene measures
- ☐ Symptom screening

Programming has been delivered within guidelines regarding participants:

- ☐ Small group activities
- ☐ No spectators or limited spectators (within all previous guidelines)

Programming has been delivered under the following activity and competition protocols:

- ☐ Fundamental movement skills
- ☐ Modified training activities and drills
- ☐ No contact between participants during any activities
- ☐ Modified play introduced, if applicable (adhering to all other Phase 2 guidelines)
- ☐ Minimal shared equipment and procedure for disinfecting before, during and after activity

Enter notes on successes during Phase 2

Enter notes on challenges during Phase 2

## Phase 3: Progressively Loosen – Reporting and Compliance

Programming was or is being delivered within guidelines for the following restrictions:

- ☐ Physical Distancing (TBD)
- ☐ Gathering and group sizes (TBD)
- ☐ Travel (TBD)

Programming was or is being delivered within guidelines for the following enhanced protocols:

- ☐ Increased hygiene measures
- ☐ Symptom screening, if applicable

Programming has been delivered within guidelines regarding participants:

- ☐ Group sizes
- ☐ Spectator limitations

Programming has been delivered under the following activity and competition protocols:

- ☐ Expanding training activities
- ☐ Pair or small group contact skills
- ☐ Inter-member game play (adhering to all other Phase 3 guidelines)
- ☐ Inter-region / district game play (adhering to all other Phase 3 guidelines)

Enter notes on successes during Phase 3

Enter notes on challenges during Phase 3

## Phase 4: New Normal – Reporting and Compliance

Enter Comments regarding implementation of Phase 4

## Appendix A: MRFMHA Return to Hockey Plan

Last updated: July 8, 2020

viaSport Category	viaSport Stage 2: <b>TRANSITION MEASURES</b>	MRFMHA: Policies and Procedures
Period	Approx. May 19 to September 2020	Approx. July to September 2020
Restrictions in Place	<ul style="list-style-type: none"> <li>• Maintain Physical Distance (2 m)</li> <li>• No non-essential travel</li> <li>• No groups of over 50 people</li> </ul>	<ul style="list-style-type: none"> <li>• Facilities to provide entrance and exit strategies to reduce contact between groups.</li> <li>• Association or the Facility Operator provide a greeter for groups arriving for each ice time to enhance safety protocol and direction for athletes and families. Entry to the facility will be 15 minutes prior to the ice time.</li> <li>• Participants must arrive and be ready to enter the facility at least 20 minutes prior to ice time and exit within 10 minutes of ice time ending</li> <li>• Participants are encouraged to arrive at the facility wearing full equipment, less skates and helmet</li> <li>• Allow 25-30 minutes between ice times to reduce potential cross over and exceeding limitations on gathering size.</li> <li>• Limits on the number of individuals in dressing rooms to be determined by each facility based on the size of each dressing room</li> <li>• Limits on the number of participants on the player's bench to be determined by each facility based on the size of each player's bench</li> <li>• Absolutely no showering</li> </ul>
Enhanced Protocols	<ul style="list-style-type: none"> <li>• Increased hand hygiene</li> <li>• Symptom screening in place</li> </ul>	<ul style="list-style-type: none"> <li>• All individuals attending an Association event must follow the Self-Assessment screening tool prior to arriving at the facility. <a href="https://bc.thrive.health/covid19/en">https://bc.thrive.health/covid19/en</a></li> <li>• It is the responsibility of all parents to assess their children and other members of their household to determine if participation in Association events meets the self-assessment criteria</li> <li>• Participants are required to follow proper hand hygiene protocols prior to and during activity</li> <li>• Participants refrain from spitting on ice or benches</li> <li>• Should first aid be required during an activity, all persons attending to the injured individual must first put on a PPE face shield, face mask and gloves. A first aid kit, along with a PPE face shield, disposable face masks and gloves, should be kept near the ice during all on ice activity.</li> <li>• Participants not feeling well should advise team staff immediately, put on a mask and leave the facility as soon as possible. The HCSP will notify the Association Risk Manager.</li> <li>• Participants testing positive for COVID 19 to follow Public Health guidelines - Note required from a physician or Public Health Authority to return to play</li> </ul>

## Appendix A: MRFMHA Return to Hockey Plan

Last updated: July 8, 2020

viaSport Category	viaSport Stage 2: <b>TRANSITION MEASURES</b>	MRFMHA: Policies and Procedures
Period	Approx. May 19 to September 2020	Approx. July to September 2020
Facility	<ul style="list-style-type: none"> <li>• Outdoor is safest</li> <li>• Indoor facilities slowly re-opening</li> </ul>	<ul style="list-style-type: none"> <li>• Any player warm up activity to take place outdoors and maintain appropriate spacing</li> </ul>
Participants	<ul style="list-style-type: none"> <li>• Small groups</li> <li>• No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>• Maximum 20 on-ice participants, including coaches</li> <li>• One family member per participant in designated viewing areas</li> <li>• Absolute maximum of 40 individuals per ice sheet to accommodate for the movement of arena staff in the facility</li> <li>• Association/Team Officials to track participant attendance for each session (e.g. TeamSnap)</li> </ul>
Non-contact activities	<ul style="list-style-type: none"> <li>• Fundamental movement skills</li> <li>• Modified training activities, drills</li> </ul>	<ul style="list-style-type: none"> <li>• Practice plans focus on skill development</li> <li>• Avoid line-ups and use of player's benches</li> <li>• Station based approach recommended</li> </ul>
Contact Activities	<ul style="list-style-type: none"> <li>• Should not occur</li> <li>• Contact sports should look for non-contact alternatives to training</li> </ul>	<ul style="list-style-type: none"> <li>• No contact drills</li> <li>• Limit compete drills</li> </ul>
Competition	<ul style="list-style-type: none"> <li>• In club play or modified games may slowly be introduced</li> </ul>	<ul style="list-style-type: none"> <li>• Modified game-like play slowly introduced at the team level</li> <li>• Intra-Association game play to be slowly introduced</li> <li>• No games outside of the Association</li> </ul>
Equipment	<ul style="list-style-type: none"> <li>• Minimal shared equipment</li> <li>• Disinfect any shared equipment before, during and after use</li> </ul>	<ul style="list-style-type: none"> <li>• All participants must have their own marked water bottle, which is washed after each session. Sharing of water bottles is not permitted.</li> <li>• Water bottles must be filled prior to arriving at the rink as filling stations are not open</li> <li>• Protective equipment should not be shared among participants</li> <li>• Goalie equipment permitted to be shared amongst participants if there is at least 36 hours between usage and the goalie equipment has been sanitized prior to use</li> <li>• Any jerseys required should be washed before distributing</li> <li>• Towels should only be used on the bench under the guidance of the HCSP and for emergency use only</li> </ul>



## Appendix A: MRFMHA Return to Hockey Plan

Last updated: July 8, 2020

viaSport Category	viaSport Stage 2: <b>TRANSITION MEASURES</b>	MRFMHA: Policies and Procedures
Period	Approx. May 19 to September 2020	Approx. July to September 2020
Adherence to Facility Policies and Procedures	Review of MRFMHA policies and procedures	<ul style="list-style-type: none"><li>• MRFMHA will review and update it's policies and procedures to ensure they are in accordance with the facility's policies and procedures provided that such policies and procedures are received in writing from the facility and reasonable noticed is provided of such changes</li><li>• MRFMHA will notify members of the Association of any material changes to it's policies and procedures</li></ul>

# Appendix B:

## COVID-19 Operational Plan

Last Update: June 24, 2020



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## **PREAMBLE**

At the onset of the COVID-19 pandemic, the Pitt Meadows Arena Complex was instructed by the Office of the Chief Medical Officer of Health for the Province of British Columbia and the City of Pitt Meadows to close the facility on March 16, 2020 to the public until further notice. These instructions have been adhered to and a Phased Re-Opening Plan has been created to document all protocols and guidelines for patrons and staff to adhere to. This document has been created by Scott Mosby, General Manager of the Pitt Meadows Arena Complex. The plan will be constantly monitored by all facility Managers with the General Manager having final authority to revise. It is of paramount importance when re-opening to mitigate both potential exposure to the COVID-19 virus and liability to the facility.

## **COVID-19**

“The novel coronavirus (SARS-CoV-2), also known as COVID-19 is highly transmissible via respiratory droplets. As of May 1, 2020, there are 30,104 confirmed cases of SARS-CoV-2 in Canada, 1531 (5%) are in persons less than 19 years of age. Twenty-two persons (1%) have been admitted to hospital, and two (<1%) have been admitted to the ICU nationally, without any fatalities.<sup>1</sup> Complimentary data from the United States shows that of 2,572 children with confirmed COVID-19, the mortality was 0.1%.

There is evidence that physical activity, in the form of organized sport, is beneficial for the physical health, cognitive function, and mental health.” (West Vancouver Minor Hockey Association, "Restarting Minor Hockey during the COVID-19 Pandemic, May 7, 2020)

## **PHASE 1 – RE-OPENING**

Pitt Meadows Arena Complex will allow a soft opening in Phase 1 which will allow for some activity to return to the facility. In partnership with the City of Pitt Meadows, ViaSport guidelines and recommendations from the Office of the Chief Medical Officer of Health for the Province of British Columbia we will adhere to the limit of persons allowed in the facility for each activity. Further phases will also follow these directions and will loosen the protocols of Phase 1 as permitted.

Phase 1 will adhere to the Order of the Office of the Chief Medical Officer of Health for the Province of British Columbia and limit the combined number of patrons, coaches, spectators, employees and service

providers to 50 or less at one given time per rink. Physical distancing measures of 6 feet / 2 metres will be enforced both on and off the ice.

In Phase 1, F&B will remain closed to program participants and spectators. Food & Beverage service will be evaluated on an ongoing basis and will only operate when it is deemed to be safe to do so for both staff and guests

**No food & beverage is to be brought into the facility. Personal (filled at home) water bottles for participation in activity will be exempt.**

Access to PMAC will be restricted to 1 parent per child. Spectators will be escorted to the assigned viewing area mindful of proper physical distancing of 6 feet / 2 metres. There will no coming and going of the facility. Once you leave you will not be permitted back in.

The lobby area will be restricted to flow through traffic only and spectators waiting for their players to finish are not permitted to wait in the lobby but asked to wait in their vehicles.

Ice rinks start and finish times will be staggered to ensure minimum patron traffic, as well as possibly longer gaps (30 minutes) between sessions to allow time for proper disinfecting processes to be followed.

The number of persons permitted on the ice will be determined according to PHO recommendations along with Provincial Sports Organizations & Local Sports Organization guidelines.

Timing and frequency for floods will be determined by NRI management group in consultation with user groups.

On ice group sizes are to be determined to follow the recommendations of the Office of the Chief Medical Officer of Health for the Province of British Columbia.

### **ICE HOCKEY / RINGETTE RECOMMENDATIONS**

Ice slots will be used for shooting, passing, and skating drills. There will be no games or battle drills and physical distancing measures will be executed using cones and other forms of markings on the ice and glass. There should be no activities that allow for line ups where physical distancing is not possible; we understand this recommendation excludes most adult hockey play in Phase 1. Game play may be permitted in Phase 2 and onwards or if there is different direction from the Office of the Chief Medical Officer of Health for the Province of British Columbia.

### **FIGURE SKATING / RECREATIONAL SKATING RECOMMENDATIONS**

Ice slots will be used for instruction and practice for individuals only. There shall be no dual or pairs skating allowed during Phase 1. Off-ice warm-ups will not be permitted inside the facility. These recommendations may be adjusted by direction from the Office of the Chief Medical Officer of Health for the Province of British Columbia. There will be no leisure / recreational / public skating ice slots permitted in Phase 1.

### **PITT MEADOWS ARENA COMPLEX WILL CONTINUE TO EMPLOY THE FOLLOWING SANITATION PRACTICES**

- Frequent cleaning and disinfecting of all commonly touched surfaces such as interior and exterior door handles, railings, and ice rink gate handles.
- Common areas (Lobby, stairs, mezzanine, counters, etc.) and washrooms (faucets, hand dryers counters, urinals and toilets) to be cleaned, sanitized and recorded on a regular basis throughout the day.
- Sanitizing staging areas and dressing rooms between each user group.
- Physical distancing of 6 feet / 2 metres between employees and between employees and the general public within the facility.
- Face masks and plexi-shields will be used where physical distancing cannot be guaranteed.
- Signage will be posted throughout the facility to emphasize to Guests & Staff the importance of frequent handwashing and proper hygiene practices.
- Floor markings, decals and signage will be used where necessary to indicate physical distancing, directional foot traffic, no entry zones and other restrictions pertinent to reopening and Phase 1.
- Handwashing and sanitizing stations will be available in designated areas.
- **PITT MEADOWS ARENA COMPLEX** will journalize and document
  - a. Any employee symptoms of illness (temperatures if required)
  - b. Regular, daily, hourly and 'as needed' cleaning and disinfecting within the facility

### **BOOKING PROCESS**

As the **PITT MEADOWS ARENA COMPLEX** is progressing with a soft reopening we will not be operating with as much rentable spaces as a normal summer season. Therefore, the normal booking process will be different this summer. Due to operating limited rentable spaces, we may not be able to meet your need for ice / space this summer. We will work with your group to find what is feasible with less ice times possible.

- Ice / rental contracts will be provided once rental times are agreed to.
- User groups will have to provide proof of insurance (where applicable) prior to participating in any activity at the Pitt Meadows Arena Complex.

- User groups will sign the agreed to contract, and payment in full for your ice time will be required upon agreement. At this time, we will only take payments by credit card, debit card or cheque, no cash payments permitted.
- User groups will be provided a copy of the **PITT MEADOWS ARENA COMPLEX COVID-19 Operational Plan** and signed that they have read and agreed to the plan. It is the responsibility of the individual renting the ice times to disseminate the information to all of their users and that they clearly understand the protocols in place and what to expect before arriving at the facility.

**ANY GROUPS USING THE FACILITY MUST HAVE AN OPERATIONAL ACTION PLAN IN PLACE PRIOR TO BOOKING ANY ICE TIME AND BEING ALLOWED USE OF THE FACILITY. INDIVIDUAL ICE RENTAL USERS MUST ABIDE BY THE FACILITY OPERATIONAL PLAN AND GUIDELINES.**

**ALL PARTICIPANTS, COACHES AND GUARDIANS WILL BE REQUIRED TO ABIDE BY THE FOLLOWING PROCEDURES AND GUIDELINES**

- While on the premises of **PITT MEADOWS ARENA COMPLEX** (parking lot, within the arena, within dressing rooms, staging areas and on the playing surface) physical distancing of a minimum of 6 feet / 2 metres separation will be maintained between patrons, spectators, players on and off the ice, coaches and players on the ice, and employees of the Pitt Meadows Arena Complex.
- User groups will only be permitted in the building 15 minutes prior to their activity/ice time and must exit 10 minutes after their session. There will be no early admittance to the facility.
- Participants will be directed to all exit and entrances of the facility. There will be signage directing participants to and from their designated ice surface to control the flow of patrons.
- Participants must come to the facility dressed with the majority of their equipment and ready for their activity.
- Player's benches will be sectioned. Participants must sit within the section and utilize only one section during their session.
- Participants will all use their own water bottles – absolutely no sharing! Please fill at home.
- On ice physical distancing will be supported by use of cones and markers in the ice surface.
- Shooting, passing, skating drills are permitted. No games or battle and compete drills.
- Only 1 parent or guardian will be permitted in the building with each participant. No siblings.
- Upon entering the facility, the parent or guardian will be directed to their designated ice rink and remain in the stands in the Rink. These areas / stands will be marked to ensure physical distancing is practiced.



- Frequent hand washing by patrons is recommended.
- Face masks are recommended where physical distancing cannot be safely maintained.
- Limit number of patrons in washrooms to one at a time to ensure physical distancing.
- **MOST IMPORTANTLY ...** If a participant, parent, guardian, or coach have recently travelled outside the country and have not cleared 14 days of self-quarantine or if a participant, parent, guardian, or coach are experiencing any COVID-19 symptoms or have had close contact with someone who has COVID-19 like symptoms, **DO NOT PARTICPATE OR ENTER THE FACILTY.**

### **EMPLOYEE SCREENING**

In effort to screen employees prior to entering the facility we will implement a passive screening process that requires colleagues / Managers asking each other specific screening questions prior to the start of shift, as provided by your facility partner or our provincial jurisdiction. This process will follow Provincial work safe guidelines.

We will also follow City of Pitt Meadows guidelines on safe work practices where applicable and work with the City of Pitt Meadows Health and Safety officer as well any local, Joint Health and Safety Committee

### **ILLNESSES OR SYMPTOMS WITH BOTH STAFF AND PATRONS/PARTICIPANTS**

*Patron / Participant* – Should a patron / participant develop symptoms during their time in the facility, they will be given a disposal face mask to wear and the staff interacting with them will wear one as well. The individual will be asked to leave the facility immediately and instructed to contact 811 as soon as they get home as recommended by the Office of the Chief Medical Officer of Health for the Province of British Columbia. Should they be tested and found positive for COVID-19, we will follow the communication protocols listed below.

*Staff* – If a Staff member develops symptoms of COVID-19 they will be asked to immediately put on their community face mask and go to the designated health area. From there a Manager will advise them to go home, contact 811 and log the information, following their recommendations. Should they be recommended for testing and found positive, we will follow the communication protocols listed below.

**One confirmed case of COVID-19** (Individual who tests positive for the virus causing COVID-19); **OR Two or more suspect cases of COVID-19 may lead to facility closure.**

#### Suspect Case:

- An individual that has 2 or more of the following symptoms:
  - fever or signs of fever,
  - new cough or worsening chronic cough,
  - runny nose,
  - headache,
  - sore throat,
  - new onset of fatigue,
  - new onset of muscle pain,
  - diarrhea or
  - loss of taste or smell; or
- An individual displaying purple fingers or toes even as the only symptom.

*The facility cannot reopen until advised by Public Health.* Regional Public Health will be involved to manage the outbreak and ensure contacts are identified; public health measures are in place and will lead any communication that is required.

#### **COMMUNICATION PROTOCOLS**

Should there be a single confirmed case or two suspected cases of COVID-19 of staff and/or patrons, we will immediately contact Public Health as well as Senior Management for Nustadia and partner members of the Facility Management Review Team.

We will follow any/all recommendations from Public Health at that time. Our assumed protocol will be that if anyone at the facility is diagnosed with COVID that we will send out notification to all patrons and staff that attended at the same time as that individual. We will make initial contact by email and ask for them to confirm receipt. For those who do not confirm receipt we will follow up by phone. Facility Management must follow the direction of Public Health who may complete this process, please follow your local protocols.

### **STAFF CONTACTS**

Scott Mosby, General Manager  
Email: smosby@pittmeadowsarena.com  
Cell: 778-879-0487  
Office: 604-460-1531

Jodi Johnson, Office Manager  
Email: jjohnson@pittmeadowsarena.com  
Cell: 604-999-5676  
Office: 604-460-1531

It's important to understand that this is not “business as usual”. We are venturing into a “new normal” with these procedures. Our goal is to create a safe and healthy environment for staff and users by making the necessary adjustments to help limit the risk of exposure to COVID-19. We are confident that by adhering to the above noted policies and procedures, while continuing to work with Office of the Chief Medical Officer of Health for the Province of British Columbia and the City of Pitt Meadows that we can safely phase in a soft reopening of the **PITT MEADOWS ARENA COMPLEX.**

Submitted by:

Scott Mosby  
General Manager  
Pitt Meadows Arena Complex

# COVID-19 Addendum to Facility User Agreement

***PLEASE READ CAREFULLY!***

Dr. Bonnie Henry stated on May 16, 2020 that “COVID-19 is new for all of us”. The City of Pitt Meadows responded to the direction from our public health officials to first close our Facility (Pitt Meadows Arena Complex) and cease offering services, and we are now responding to the direction to reopen our Facility and offer services to our community cautiously, with the safety of our staff and community being our priority. This includes permitting user groups access to our facilities, but solely on the basis that COVID-19 precautions will be adhered to by any and all user groups and individual participants.

COVID-19 remains a worldwide pandemic and a threat to our local health and safety. We know the following (this list is not intended to be exhaustive):

1. The infectious agent, SARS-CoV-2, has caused cases and outbreaks of a serious communicable disease known as COVID-19 among the population of the Province of British Columbia;
2. Our public health officials have determined this constitutes a regional event, as defined in section 51 of the *Public Health Act*;
3. A person infected with SARS-CoV-2 can infect other people with whom the infected person is in contact; and
4. The gathering of people in close contact with one another can promote the transmission of SARS-CoV-2 and increase the number of people who develop COVID-19.

We cannot be certain that a person (of any age) will not contract SARS-CoV-2 at our Facility and/or while participating in activities in the Facility. Groups booking ice time will be required to develop a COVID-19 Safety Plan inclusive of associated policies and procedures that support the plan, have it readily available for participants, and provide it to Nustadia Recreation Inc. should it be requested. Your participants are to be made aware that **the risk remains that a COVID 19 outbreak could occur despite our efforts.**

As the representative of a user group, you are required to develop and confirm that you understand your COVID-19 Safety Plan and that you have developed COVID-19 policies and procedures that are aligned with provincial guidelines for your activity. You are required to circulate this Addendum to the participants in the activity for which you are utilizing our Facility. You are required to take steps to ensure that participants act in accordance with Nustadia Recreation Inc.’s COVID-19 Operational Plan and COVID-19 policies and procedures. Failure to adhere to the same could result in your user group’s permit to use public spaces being revoked without refund of any fees and/or any particular person being banned from access to our Facility.

If a participant, parent, guardian, or coach have recently travelled outside the country and have not cleared 14 days of self-quarantine or if a participant, parent, guardian, or coach are experiencing any COVID-19 symptoms or have had close contact with someone who has COVID-19 like symptoms, **IT IS MANDATORY THAT THEY DO NOT ENTER THE FACILITY.**

Should a patron / participant develop symptoms during their time in the facility, they will be given a disposal face mask to wear and the staff interacting with them will wear one as well. The individual will be asked to leave the facility immediately and instructed to contact 811 as soon as they get home as recommended by the Office of the Chief Medical Officer of Health for the Province of British Columbia. Should they be tested and found positive for COVID-19, we will follow the communication protocols listed below.

Should there be a single confirmed case or two suspected cases of COVID-19 of staff and/or patrons, we will immediately contact Public Health as well as Senior Management for Nustadia Recreation Inc. and partner members of the Facility Management Review Team.

We will notify The City of Pitt Meadows of any suspected or confirmed cases.

We will follow any/all recommendations from Public Health at that time. Our assumed protocol will be that if anyone at the facility is diagnosed with COVID that we will send out notification to all patrons and staff that attended at the same time as that individual. We will make initial contact by email and ask for them to confirm receipt. For those who do not confirm receipt we will follow up by phone. Facility Management must follow the direction of Public Health who may complete this process, please follow your local protocols.

For more information regarding the risks associated with COVID-19, please review the BC CDC guidelines for recreation facilities: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/community-settings/recreation-facilities>.

## Appendix C: Resources

### **HOCKEY CANADA/BC HOCKEY**

Hockey Canada – Return to Hockey: <https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey>

Hockey Canada – Return to Hockey Safety and Protocols: <https://hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety>

Hockey Canada Safety Essentials: <https://www.hockeycanada.ca/en-ca/hockey-programs/safety/essentials>

BC Hockey – Return to Hockey: <http://www.bchockey.net/Files/Return%20to%20Hockey%20Website%20One-page%20Document.pdf>

### **GOVERNMENT OF CANADA**

Public Health Authorities in Canada: <https://www.justice.gc.ca/eng/cv/author.html>

COVID-19 Information: <https://www.canada.ca/en/public-health/services/disease/coronavirus-disease-covid-19.html>

Provincial and Territorial Resources: <https://canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms/provincial-territorial-resources-covid-19.html>

COVID-19 Awareness Resources: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/awareness-resources.html>

COVID-19 & Privacy: [https://www.priv.gc.ca/en/privacy-topics/health-genetic-and-other-body-information/health-emergencies/gd\\_covid\\_202003/](https://www.priv.gc.ca/en/privacy-topics/health-genetic-and-other-body-information/health-emergencies/gd_covid_202003/)

Disinfectants and Hand Sanitizers: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19.html>

Proper Hand Hygiene: <https://www.canada.ca/en/public-health/services/healthy-living/hand-hygiene.html>

Travel Advisories: <https://travel.gc.ca/travelling/advisories>

Health Canada Handwashing Guidelines: <https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-your-hands/eng-handwashing.pdf>

Health Canada Personal Protective Equipment against COVID-19: <https://www.canada.ca/en/health-canada/services/drugs-health-products/medical-devices/covid19-personal-protective-equipment.html>

### **PROVINCE OF BRITISH COLUMBIA & VIASPORT**

viaSport Return to Sport Guidelines for B.C.: <https://www.viasport.ca/return-sport>

B.C.'s Restart Plan: [https://www.scribd.com/document/460236402/B-C-s-Restart-Plan-Next-Steps-to-Move-Through-the-Pandemic#fullscreen&from\\_embed](https://www.scribd.com/document/460236402/B-C-s-Restart-Plan-Next-Steps-to-Move-Through-the-Pandemic#fullscreen&from_embed)

BC COVID-19 Go-Forward Management Strategy: [https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/bc\\_covid-19\\_go-forward\\_management\\_strategy\\_web.pdf?bcgovtm=20200506\\_GCPE\\_AM\\_COVID\\_9\\_NOTIFICATION\\_BCGOV\\_BCGOV\\_EN\\_BC\\_NOTIFICATION](https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/bc_covid-19_go-forward_management_strategy_web.pdf?bcgovtm=20200506_GCPE_AM_COVID_9_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION)

B.C. Go Forward Strategy Checklist: [https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/gdx/go\\_forward\\_strategy\\_checklist\\_web.pdf](https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/gdx/go_forward_strategy_checklist_web.pdf)

PHO Orders: <https://www2.gov.bc.ca/gov/content/health/about-bc-s-health->

### **HEALTH RESOURCES**

COVID-19 (B.C.) Provincial Support: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>

BC COVID-19 Self-Assessment Tool: <https://bc.thrive.health/covid19/en>

BCCDC COVID-19: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

BCCDC Cleaning and Disinfecting: [http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting\\_PublicSettings.pdf](http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf)

**REGIONAL HEALTH AUTHORITIES**

Fraser Health: <https://www.fraserhealth.ca/>

Interior Health: <https://www.interiorhealth.ca/Pages/default.aspx>

Island Health: <https://www.islandhealth.ca/>

Northern Health: <https://www.northernhealth.ca/>

Vancouver Coastal Health: <http://www.vch.ca/>